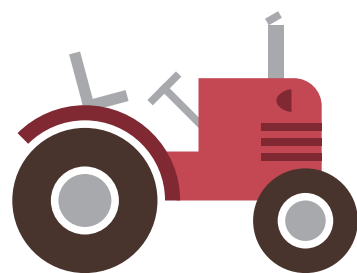




**WELCOME TO  
THE FARM**



**Interactive guide of routes and activities**



## WELCOME TO THE FARM

# 16 weekend routes to rediscover the origins of what you eat

Delve into the world of Catalan farming with Welcome to the farm, a proposal that gives you the unique opportunity to find out exactly where the food you consume comes from and the people who make it. Producers from all over Catalonia open the doors to their farms, vineyards and workshops to showcase their daily work and bring you closer to the primary sector through experiences and activities that allow you to enjoy and share their passion for the land.

With over a hundred agri-food farms participating, you'll be treated to authentic experiences: from tasting local products like honey, cheeses, wine, oil or fruit, to finding out the secrets behind crops like rice or saffron. What's more, the project also includes experiential workshops and sixteen thematic routes that combine visits to farms, stays in rural accommodation, and gastronomic and heritage discoveries. Promoted by the Catalan Government (Generalitat de Catalunya), this project also aims to promote responsible consumption, sustainable tourism and the rebalancing of the territory.

Whatever it is you're looking for, Catalonia offers an infinite number of paths that will allow you to explore its gastronomy and discover its local producers. Paths that lead to the purest and most genuine pleasures. Behind a deeply-rooted and vibrant cuisine, and beyond wines with individual character, in Catalonia, you'll find a whole world that allows you to enjoy this corner of the Mediterranean where gastronomy is much more than just leisure and fun. It's culture, inspiration, creativity and pure emotion. Whatever you're hoping for, you'll find it here.

Visit [benvingutsapages.cat](https://benvingutsapages.cat), book your activities and experience life on the farm all year round!

## WELCOME TO THE FARM Open farm weekend

Welcome to the farm Open farm weekend, is another format of this initiative. It takes place on a weekend, usually in October, and is a fun and educational proposal that gives you the chance to take part in over 500 agri-tourism experiences at a reduced price, allowing you to discover rural life. You'll have two days to discover and participate in this great farmers' festival, allowing you to find out the origins of the land's products first-hand and also learn about a farmer's daily life. All this while also enjoying a rural getaway with charming accommodation options, taking in unique landscapes and savouring the best gastronomy in restaurants that champion local products, as well as cultural visits and other complementary activities. Prior reservation required, visit the website [benvingutsapages.cat](https://benvingutsapages.cat).

## Catalonia, World Region of Gastronomy 2025

Welcome to the World Region of Gastronomy 2025. Catalonia has the honour of being the first region in the world to receive this distinction and is delighted to share it with you. We therefore invite you to explore this land, discover its fantastic and varied landscapes and relish in the pleasures its stoves have to offer.



WORLD REGION OF GASTRONOMY  
CATALONIA AWARDED 2025

[catalunya.com](https://catalunya.com)

## How to use this Interactive guide

### Routes to inspire you

The routes we propose in this interactive guide can be used as a guide or inspiration. This way, each person can design their own route based on their interests. The visits and activities may vary or be limited to certain times of the year.

We recommend making reservations for the different activities on the website **benvingutsapages.cat**. For restaurants and accommodation, we also recommend contacting each establishment individually.

### Detailed information

Each route is presented across two pages. On the first page, we suggest a route with basic activities, along with some places to stay and eat.

Both the activities and the accommodation and restaurants are broken down and expanded on the second page, in the PLAN YOUR VISIT section. The activities are referenced according to the type of visit, with a series of icons indicating the type of audience and interests they are aimed at.

You'll also find specialised accommodation for families included in the Catalan Tourist Board's Family Tourism Programme identified with the family icon.

Find out more about each activity, accommodation or restaurant by clicking on their links.

### Key



FAMILY



FOODIE



ACTIVE  
AND NATURE



WINE LOVER



CULTURAL

Each activity is accompanied by some icons to help you choose the activity that best suits your interests.

## Travel to a soundtrack

Each route has its own QR code. This links to a selection of music that has been specially chosen for each of the 16 routes.



# Routes throughout Catalonia

## PIRINEUS

PAGE. **33-34** Route 1  
A whole host of landscapes,  
heritage and gastronomy

PAGE. **35-36** Route 2  
Livestock farms  
and mountain scenery

## TERRES DE LLEIDA

PAGE. **27-28** Route 1  
Olive oil tourism and much more  
in Les Garrigues and Segrià

PAGE. **29-30** Route 2  
Noguera and Segrià: nature,  
gastronomy and traditions

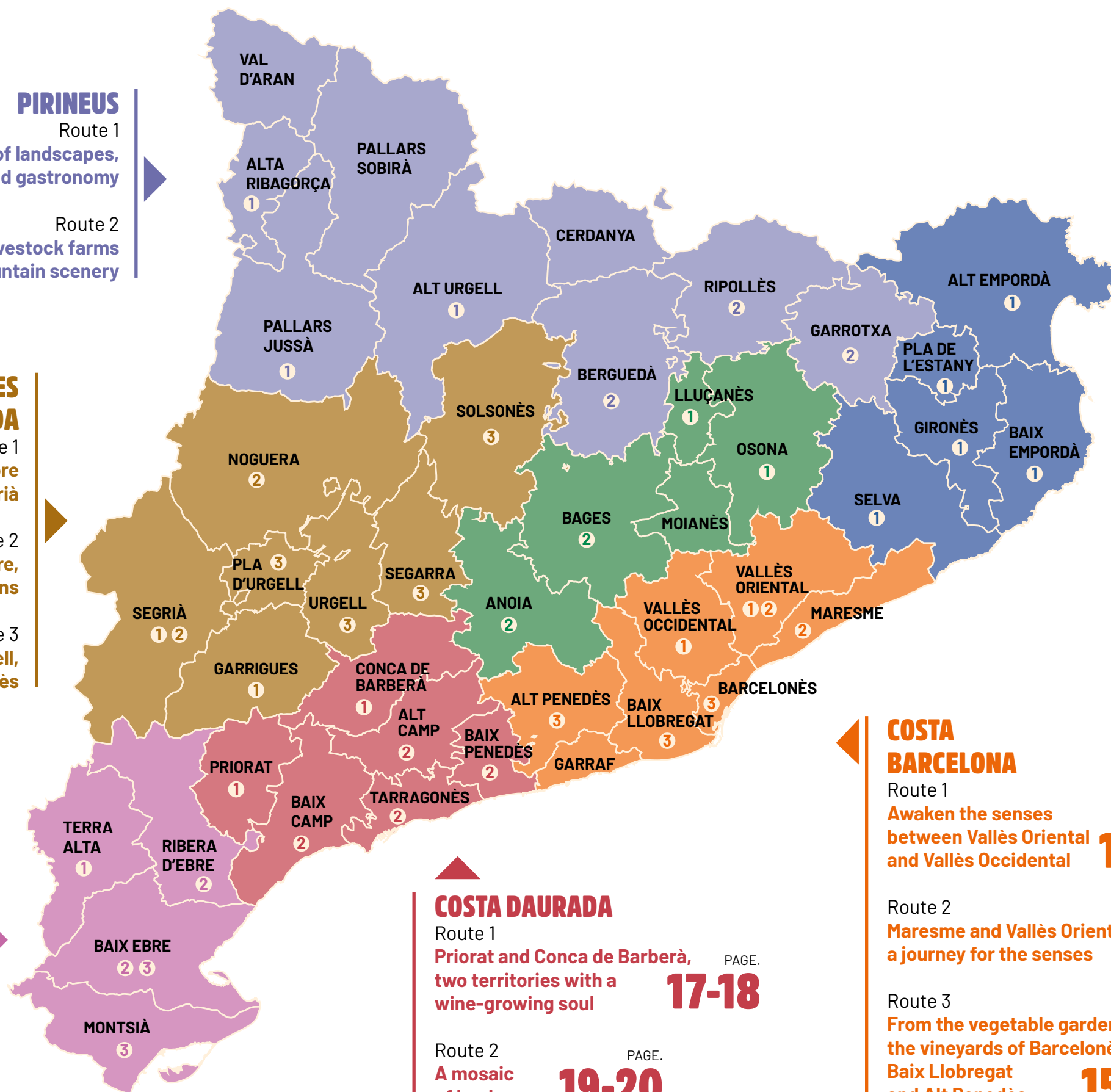
PAGE. **31-32** Route 3  
The essence of Urgell,  
Segarra and Solsonès

## TERRES DE L'EBRE

PAGE. **21-22** Route 1  
Lose yourself in the  
vineyard landscapes and  
olive trees of Terra Alta

PAGE. **23-24** Route 2  
Wines, cherry trees  
and traditions

PAGE. **25-26** Route 3  
All the colours and  
flavours of the Ebro Delta,  
with your family



## COSTA BRAVA

Route 1  
Discover the  
most authentic  
rural charm  
of Costa Brava

PAGE.  
**5-6**

## PAISATGES BARCELONA

Route 1  
Osona and Lluçanès:  
a hidden, yet  
vibrant charm

PAGE.  
**7-8**

Route 2  
Bages and Anoia:  
escape to the  
heart of Catalonia

PAGE.  
**9-10**

## COSTA BARCELONA

Route 1  
Awaken the senses  
between Vallès Oriental  
and Vallès Occidental

PAGE.

**11-12**

Route 2  
Maresme and Vallès Oriental,  
a journey for the senses

PAGE.

**13-14**

Route 3  
From the vegetable gardens to  
the vineyards of Barcelonès,  
Baix Llobregat  
and Alt Penedès

PAGE.  
**15-16**

## COSTA DAURADA

Route 1  
Priorat and Conca de Barberà,  
two territories with a  
wine-growing soul

PAGE.

**17-18**

Route 2

A mosaic  
of landscapes

PAGE.

**19-20**



## DISCOVER THE MOST AUTHENTIC RURAL CHARM OF COSTA BRAVA

A route for experiencing nature and the inland rural world

Imagine spending a weekend exploring the essence of the Costa Brava: a journey through idyllic agricultural landscapes, natural spaces, farmhouses with history, and agricultural and livestock farms with top quality artisanal products. This route takes you from north to south, travelling through the regions of Alt Empordà, Baix Empordà, Pla de l'Estany, Gironès and La Selva. Here, nature, gastronomy and authenticity join hands to offer you an experience that stretches far beyond conventional tourism.

### Take in the scenery, get to know the land

Allow yourself to be captivated by the intense greens and golds of the fields according to the time of year, stroll through pine forests and discover the lakes, mountain ranges, beaches and cliffs that make up this natural mosaic. Each stop is an invitation to experience a different part of this vibrant territory and connect with its traditions.

This trip is also a gift for the palate: from the cheeses and cured meats made with artisanal care, to the wines with a designation of origin (DO Empordà and DO Catalunya), not to mention Pals rice, lamb and beef, fresh eggs and even rice beer. At each farm, you'll not only get to try top quality products, but you'll also meet the people who make them with both passion and respect for the land.

### FRIDAY

#### A land that welcomes you

Start your adventure by staying in one of the charming rural houses, like Mas Coquells, in Vilanant, or inviting hotels, such as Hotel Mas 1670, in Sant Antoni i Calonge, or El Solei, in Porqueres. Whether you prefer the cosy tranquillity of a farmhouse or the comfort of a hotel, you'll find many options to suit your way of travelling.

### SATURDAY

#### The secrets of wine and artisanal products

Start by visiting Celler Martin Faixó in Cadaqués, which features on the DO Empordà Wine Route and is the only one in this coastal town. Then, we'll continue towards Siurana d'Empordà to Mas Marcè, where you'll find out about the shepherds' lives and taste unforgettable cheeses, or the Mas Bordas Oil Mill, where you can taste oils of the utmost quality. In Pla de l'Estany, Celler Baronia de Vilademuls, and the Mas Alba cheese dairy, will surprise you with their unique creations.

In the afternoon, in Baix Empordà, visit Mas Casas and immerse yourself in an authentic family farm setting before taking a stroll through the rice fields of Pals, where you can explore a medieval mill and enjoy tastings in an incomparable setting.

### SUNDAY

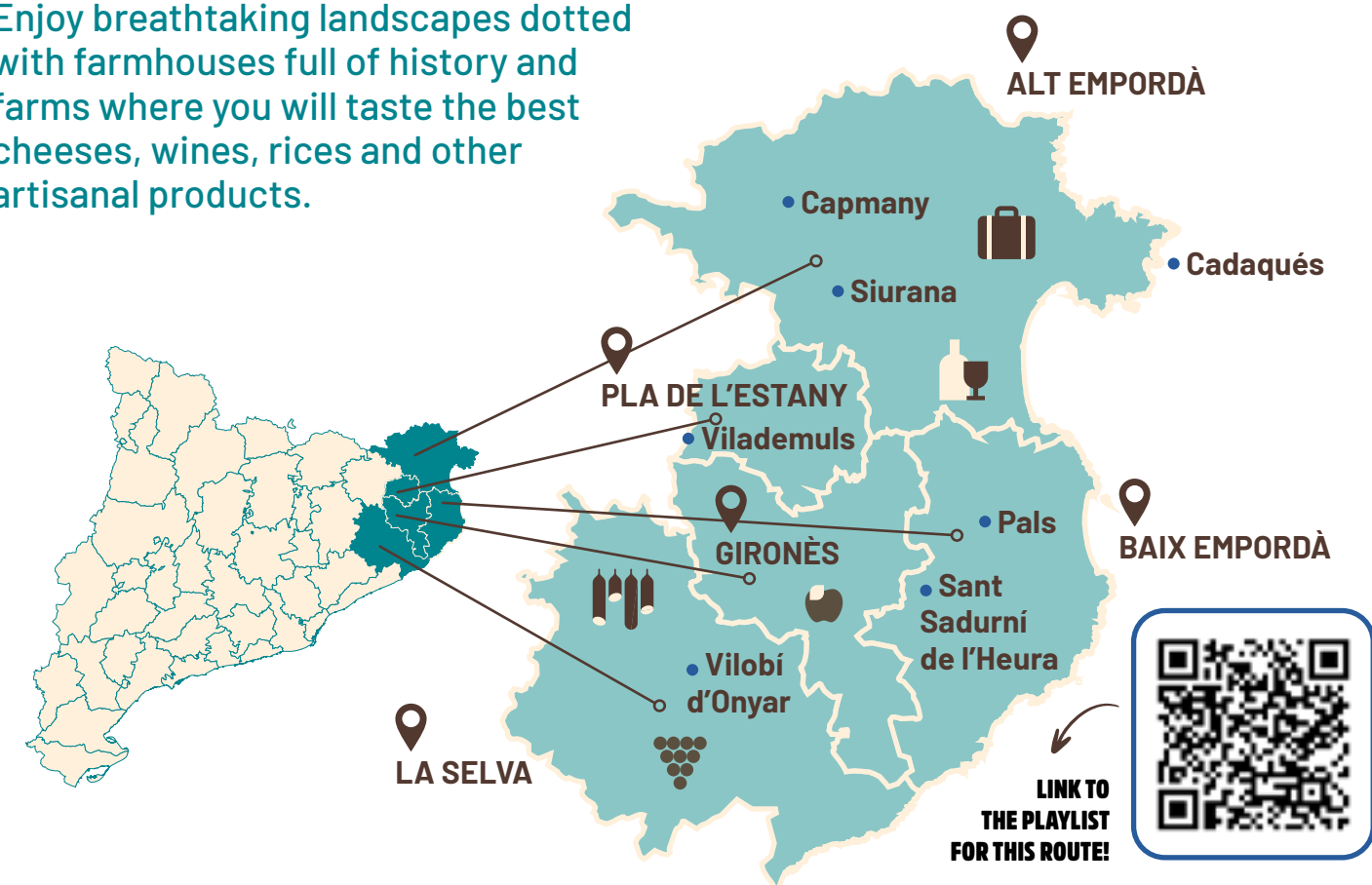
#### A day for the whole family

In La Selva, discover the dairy tradition of Mas Bes in Vilobí d'Onyar. From feeding the animals to tasting ice cream and home-made pastries, this visit is ideal for the whole family. End your getaway with a relaxed drive along the coastal road between Sant Feliu and Tossa, one of the most beautiful routes in Catalonia.



Pals

Enjoy breathtaking landscapes dotted with farmhouses full of history and farms where you will taste the best cheeses, wines, rices and other artisanal products.





# PLAN YOUR VISIT

## ACTIVITIES

### CELLER MARTIN FAIXÓ

📍 Cadaqués (Alt Empordà)



- Wine tourism experiences.

### MAS BORDAS OIL MILL

📍 Siurana d'Empordà (Alt Empordà)



- Visit to the farm shop and product tasting.

### MAS MARCÈ

📍 Siurana d'Empordà (Alt Empordà)



- Visit to the sheep farm and product tasting.

### PALS RICE

📍 Pals (Baix Empordà)



- Guided tours of the Pals Rice Mill with a tasting.



- The Rice Route.

### MAS CASAS CRUÏLLES

📍 Cruïlles, Monells and Sant Sadurní de l'Heura (Baix Empordà)



- Guided tour of the sheep farm and tasting of artisanal products.



- Shearing day. The wool festival (May).



- Mindfulness among sheep.

### MOOMA

📍 Palau-Sator (Baix Empordà)



- Guided tours and juice and cider tasting.

### CELLER BARONIA DE VILADEMULS

📍 Vilademuls (Pla de l'Estany)



- Tastings with guided tour of the vineyards and the winery.

### HORTA ECOLÒGICA CAMPLLONG DE FUNDACIÓ DRISSA

📍 Campllong (Gironès)



- Guided tours of the organic vegetable garden.



- Educational activities based on ecological and sustainable agriculture, workshops to discover the environment.



- Family and children's activities.

### MAS BES

📍 Vilobí d'Onyar



- Farm visits and tasting.



- Activities for children.



Mas Bes



## WHERE TO EAT?



### ALT EMPORDÀ

■ **Restaurant el Trull d'en Francesc**

📍 Boadella i les Escaules

### BAIX EMPORDÀ

■ **El Restaurant del Teatre** 📍 Regencós

### PLA DE L'ESTANY

■ **Can Roca d'Esponellà** 📍 Esponellà

■ **Bar restaurant La Brasa** 📍 Fontcoberta

■ **El Brot | Gastronomia Radical**

📍 Fontcoberta

## PALS RICE

<b>800</b> TONS OF ANNUAL PRODUCTION	<b>90</b> HECTARES OF RICE FIELDS
--	---

## THE MUSTS

### ■ PGI Poma de Girona (apples)

The fields of Baix Empordà, Alt Empordà and Gironès, with soils made up of materials of fluvial origin and a flat topography, are the ideal cradle for this fruit.

### ■ PDO Oli Empordà (oil)

Discover the tradition and authenticity hidden in the products produced in the two Empordà regions as well as in some municipalities in Pla de l'Estany and Gironès.

### ■ DO Empordà Wine Route

The cultivation of vines and the production of wine first arrived on the Iberian Peninsula thanks to the Greek colony of Empúries, around the 16th century BC. This route pays tribute to this origin.

## WHERE TO SLEEP?



### PLA DE L'ESTANY

■ **Mas Tulsà** 📍 Palol de Revardit

■ **Can Xargay, rural & wellness** 📍 Porqueres

■ **El Solei** 📍 Porqueres

■ **La Cabanya, rural & wellness** 📍 Porqueres

■ **Hotel rural La Sala de Camós** 📍 Camós

### ALT EMPORDÀ

■ **Can Massot Turisme Rural** 📍 Darnius

■ **Can Gat Vell Rural Empordà** 📍 Llampaies

■ **Mas Coquells Rural** 📍 Vilanant

### BAIX EMPORDÀ

■ **Hotel Mas 1670** 📍 Calonge i Sant Antoni

### GIRONÈS

■ **Agroturisme Sant Dionís** 📍 Campllong

■ **Can Bonet turisme rural** 📍 Sant Martí Vell

### LA SELVA

■ **Mas Salom turisme rural**

📍 Caldes de Malavella

■ **Mas Vilar Rural** 📍 Arbúcies

■ **Turisme rural Mas Romeu** 📍 Arbúcies



## OSONA AND LLUÇANÈS: A HIDDEN, YET VIBRANT CHARM

A marriage of landscapes, gastronomy  
and great rural and cultural wealth

This getaway to the region of Osona and Lluçanès allows you to discover a territory that perfectly combines pure landscapes, quality traditional products and undeniable cultural richness. And all this, surrounded by an extremely well-preserved rural environment. You'll be able to visit small family farms, taste artisanal cheeses and follow a variety of agri-food routes.

### FRIDAY

#### Enjoy your first contact

You can start the route on Friday evening. If you're after establishments in a natural environment, Les Vinyes Grosses, in Sant Agustí de Lluçanès, is a farmhouse nestled into the foot of the Pyrenees. However, if you prefer a more rustic environment, right in the middle of the village of Perafita you'll find the Ca l'Estamenya hotel. In Osona, in the Pla-na de Vic, there's also La Casavella, an 18th-century farmhouse.

### SATURDAY

#### The Milk Route in Lluçanès

We'll start our Saturday with the Lluçanès Milk Route. You can visit the Formatges de Lluçà cheese farm, which offers a guided tour to find out about their work with the herd in the fields and in the cheese dairy itself. Afterwards, visit the Soler de n'Hug farmhouse, in Prats de Lluçanès, where you can experience the daily life of a farmer and also taste some of their products.

If you're doing this route in the spring, visit Mas Terricabras in the morning. Located in the municipality of Oristà, at this farm they grow cereals, graze cows and fatten calves and sows, and are part of the Lluçanès Bread Route.

For lunch, you have several options, all made with local products. In Santa Creu de Joglar, you'll find La Mola restaurant, where you can enjoy the most traditional, locally sourced Catalan cuisine. Another option, among others, is El Cafè del Mig de Perafita, which mixes the most traditional cuisine with other non-local dishes.

To help your food go down, take a stroll through some of the architectural landmarks of the area, such as the Romanesque monastery of Sant Pere de Casserres or the monastery of Santa Maria de Lluçà.

### SUNDAY

#### Nature and gastronomy at your fingertips

To start off your Sunday, head to Muntanyola, where you'll find the Les Cabres d'en Peyu farm which offers delicious cheeses and tours of the surrounding area. Just 20 km away, you'll find the Castanya de Viladrau farm, in the town with the same name, Viladrau, an ideal place to visit with your family to teach the little ones how important the natural environment is and why we must care for it. The same is true for Farmlab Rupit or La Riera farm in Vic.

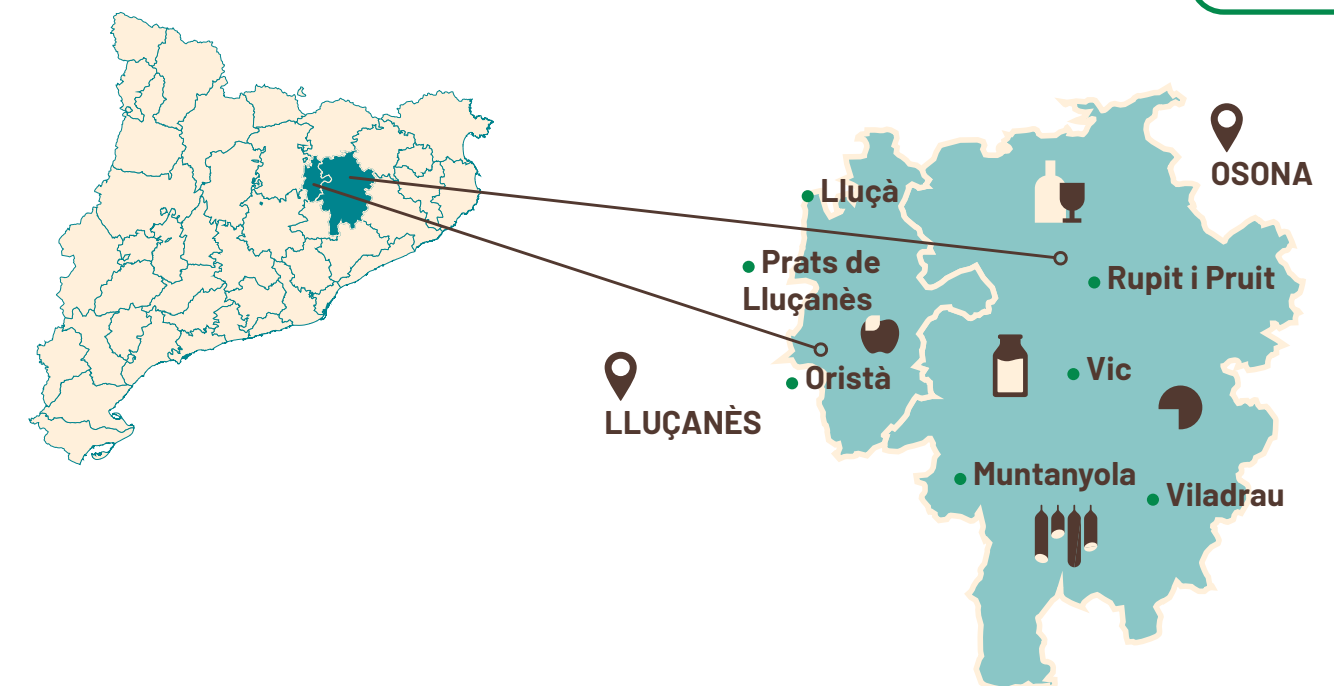
In the same municipality, Viladrau, you can eat at Xalet La Coromina, but if you feel like moving around a little, in Vic, you'll find Vikissim, where you can enjoy traditional dishes and quality products.



Les cabres d'en Peyu

An experience that will allow you to discover a unique and varied territory where you can visit cheese producers and chestnut farms, but also explore natural parks, Romanesque churches and cities that form the heart of Osona.

LINK TO  
THE PLAYLIST  
FOR THIS ROUTE!





# PLAN YOUR VISIT

## ACTIVITIES

### FORMATGES DE LLUÇÀ

📍 Lluçà (Lluçanès)



■ Meet the grazing alpine goats and enjoy a cheese tasting (Milk Route).

### EL SOLER DE N'HUG

📍 Prats de Lluçanès (Lluçanès)



■ Family-friendly visits (Milk Route).

### MAS TERRICABRAS

📍 Oristà (Lluçanès)



■ Visit to the forment wheat fields and tasting (Bread Route).

### LES CABRES D'EN PEYU

📍 Muntanyola (Osona)



■ Guided tours.

### MAS ROGERS

📍 Sant Bartomeu del Grau (Osona)



■ Visit to the crop fields, the facilities, animal feeding and product tasting.

### CASTANYA DE VILADRAU

📍 Viladrau (Osona)



■ Guided tours of the centuries-old chestnut groves + tasting.

### FARMLAB RUPIT

📍 Rupit i Pruit (Osona)



■ Scavenger hunt with animals.

### LA RIERA 📍 Vic (Osona)



■ Visit to the farm and accommodation.



Prats de Lluçanès

## WHERE TO EAT?



### OSONA

- **Santuari de Bellmunt** 📍 Sant Pere de Torelló
- **El Molí de la Barita** 📍 Viladrau
- **Xalet La Coromina** 📍 Viladrau
- **Vikissim** 📍 Vic
- **Restaurant Fussimanya** 📍 Tavèrnoles
- **Restaurant Sambucus** 📍 Manlleu
- **Restaurant L'Arumí** 📍 Santa Eugènia de Berga
- **Bar de Vins Devici** 📍 Vic

### LLUÇANÈS

- **Cafè del Mig** 📍 Perafita
- **La Mola** 📍 Santa Creu de Joglar

## WHERE TO SLEEP?



### LLUÇANÈS

- **Ca l'Estamenya** 📍 Perafita
- **Cal Teulats** 📍 Perafita
- **Vinyes Grosses** 📍 Sant Agustí de Lluçanès
- **El Teixell** 📍 Olost

### OSONA

- **Stances** 📍 Vic
- **Càmping el Pont** 📍 Vilanova de Sau
- **Ca l'Avi** 📍 Sant Boi de Lluçanès
- **Mas Postius** 📍 Muntanyola
- **Santuari de Bellmunt** 📍 Sant Pere de Torelló
- **Can Passerells** 📍 Sant Vicenç de Torelló
- **Mas la Casavella** 📍 Les Masies de Voltregà

## LLUÇANÈS, A REGION TO TASTE

THE MILK ROUTE	THE BREAD AND FORMENT WHEAT ROUTE	THE TRUFFLE ROUTE	THE COCA AND SAUSAGE ROUTE
<b>FORMATGES DE LLUÇÀ</b> <i>Producer - Processor</i> <b>FORMATGES BETARA</b> <i>Producer - Processor</i> <b>EL SOLER DE N'HUG</b> <i>Producer</i> <b>POSTRES ARTESANES SANTA EULÀLIA</b> <i>Processor</i> <b>MAS ROGERS</b> <i>Producer</i>	<i>Bakeries that make bread with forment wheat (a variety of wheat native to Lluçanès):</i> <b>FORN SANT ADJUTORI</b> <b>Olost</b> <b>PASTISSERIA CAL PARRA</b> <b>Olost</b> <b>FLECA D'ORISTÀ</b> <b>Oristà</b> <b>FORN J. BRUCH (CAL FINUS)</b> <b>Prats de Lluçanès</b> <b>FORN CAL PUJALS</b> <b>Sant Boi de Lluçanès</b> <b>CAL PASTISSER (FORN I QUEVIURES RIBA)</b> <b>Sant Feliu Sasserra</b>	<b>GUIDED TOUR OF A BLACK AND WHITE TRUFFLE PLANTATION</b>  <b>TRUFFLE TASTING/PAIRING AT CAL SILLER</b>	<i>Establishments in Prats de Lluçanès:</i> <b>CA LA LORETO</b> <b>FLECA FUSTÉ</b> <b>PASTISSERIA GIRVENT</b> <b>FORN DE PA VILAMÚ</b> <b>CAL JANET</b> <b>CA LA ROSA</b> <b>FORN J. BRUCH</b> <b>EL TAULELL</b>



Casa Riera Ordeix

## THE MUSTS

### ■ Vic

The capital of Osona hides a city with a great deal of charm and history behind it. The old town is made up of architectural relics and streets that invite you to get lost in them. In the city itself, the historic tanneries and the market, one of the most popular in Catalonia, really stand out. And we mustn't forget the PGI (Protected Geographical Indication) Llonganissa de Vic (a cured sausage).

### ■ Montseny Natural Park

Nature is one of the most attractive elements in this Barcelona region, and the Montseny Natural Park is proof of just this. This natural paradise stretches across over thirty hectares, ideal for hiking routes.

### ■ The Milk Route

This agri-tourism proposal in Lluçanès pays visits to different dairy food producers and processors. An initiative that allows you to taste the best cheeses in the region!

### ■ The Bread and Forment Wheat Route

With this itinerary, you'll follow the path of forment wheat, a variety of wheat native to Lluçanès. Along the route, you'll be able to meet both the wheat producers and the bakers who make the best bread thanks to this precious ingredient.

### ■ The Truffle Route

During the summer and winter seasons, there are guided tours of different places in Lluçanès, allowing you to find out the secrets of the truffle, a product of great gastronomic value. An agri-food tourist activity for adults and children that we also highly recommend.



## BAGES AND ANOIA: ESCAPE TO THE HEART OF CATALONIA

Wine routes, beekeeping, and olive oil tourism create a journey rich in culture and stunning natural landscapes

This charming route takes us through two of the most captivating regions in central Catalonia: Bages and Anoia. Along the way, you'll be able to visit producers who make authentic foods, deeply rooted in the territory and its rich biodiversity, such as honey, grass-fed meat, as well as organic wines and olive oils. Let yourself be seduced by the spectacular views offered by the landscapes, the other protagonists of this getaway.

### FRIDAY

#### Rural charm

If you're beginning your route on a Friday, you'll find charming rural houses to help you feel the essence of the Bages region right from the start. Ca la Julita is located in Castellbell i el Vilar, a 19th-century farmhouse within the Muntanya de Montserrat Natural Park. And in the Sallent area you'll find Mas de la Sala hotel, an ideal establishment for families. Heading towards Anoia, in the village of Torrebussqueta, you'll find Cal Riba, a charming cluster of cobblestone houses.

### SATURDAY

#### Honey and wine, the jewels of Bages

Get ready for a Saturday full of magic and discoveries in the heart of Bages! We'll start our day at Mel Cal Fuster, a charming place in the centre of Castelladral, in the municipality of Navàs. Their sustainable beekeeping practices foster a deep connection with nature. In their self-sustained farmhouse you can visit the honey farm and taste their delicious products. A sweet and creative experience!

After being seduced by the sweet honey, we'll head to Masiets & Perich farm, located 35 km from Cal Fuster, on the outskirts of Rajadell. Here, you'll meet Mònica and Gerard, two siblings who have carried on the family agriculture and livestock farming tradition. Raising free-range calves, oxen and chickens, their animals graze freely, enjoying a natural lifestyle.

During the visit, you'll be able to interact with the herds, learn how the grazing is managed and, of course, taste their exquisite products.

We'll then head to Celler Grau i Grau, located in Maïans. This family-run winery will offer you a tour of its vineyards and production facilities.

For lunch, the city of Manresa awaits with two delicious options: the Bacasis restaurant, where creative cuisine is fused with local ingredients, and Taverna 1913, a cosy place that will make you feel at home with its traditional dishes with a modern touch.

On Saturday afternoon, we recommend visiting Cardona, where you can explore its majestic castle, which is 2,500 years old. In Sant Fruitós del Bages, you can visit Món Sant Benet, a tourist space that offers a wide range of activities, such as visiting the Benedictine monastery.

If you're looking for natural spaces to explore and enjoy on foot, the Castelltallat mountain range and the town of Mura are excellent options, very close to the Montserrat massif and monastery.

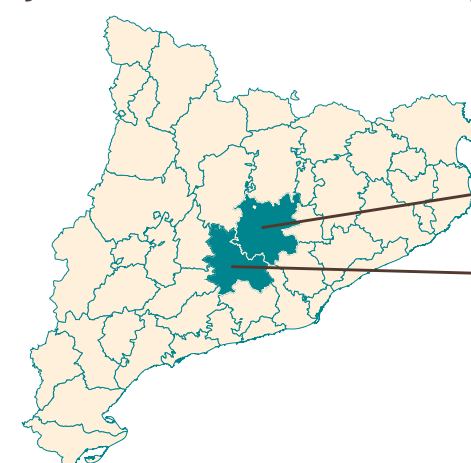
### SUNDAY

#### Olive oil, the liquid gold of Catalonia

We'll start our Sunday with one of the great treasures of Mediterranean cuisine: extra virgin olive oil. To delve into this world, we'll visit Maset de la Costa olive farm, in Piera. Here, Cristina and her family offer oil tastings, walks among olive trees and craft workshops.

Afterwards, why not visit Mas Buret, in the municipality of Santa Margarida de Montbui, where you can learn about a beekeeping project in Anoia. You'll see the beehives, the honey factory and even an old oil mill. At the end of the visit, you'll be able to taste different honeys. A delicious and educational day!

To round off the morning, there's nothing better than a hearty lunch. In the municipality of Sallent, you'll find Rebost de la Torre and Mas de la Sala, two restaurants that will surprise you with their gastronomic offer and welcoming atmosphere.



Descobrir Catalunya

Before leaving the territory, your last stop simply must be Anoia. You can't miss the magical castles in the region: those of Piera, Òdena, Claramunt and Tous await you with open arms. And don't forget to stop in Igualada, where you'll be surprised by the industrial heritage of leather and textiles. Get ready for a day full of history and beauty!

**This route will introduce you to Bages and Anoia, two regions that grow the best products two regions that grow the best products in the country, and of the highest quality, from artisanal honeys to wines and extra virgin olive oils.**



LINK TO  
THE PLAYLIST  
FOR THIS ROUTE!





# PLAN YOUR VISIT

## ACTIVITIES

### MEL CAL FUSTER

📍 Navàs (Bages)



■ Honey tasting.



■ See how bees work.

### MASIETS & PERICH

📍 Rajadell (Bages)



■ Visit the farm and meet its animals.



■ Product tasting.

### CELLER GRAU I GRAU

📍 Maïans (Bages)



■ Guided tour of the vineyards.



■ Wine tasting.



■ Tour of the town.

### MASET DE LA COSTA

📍 Piera (Anoia)



■ Olive harvest and oil tasting.

### MAS BURET

📍 Santa Margarida de Montbui (Anoia)



■ Guided tour and tasting.



## WHERE TO EAT?



### ANOIA

■ **Menjab Igualada** 📍 Igualada

### BAGES

■ **Restaurant Vista Pirineu** 📍 Artés

■ **Bacasis** 📍 Manresa

■ **El rebost de la Torre** 📍 Sallent

■ **Mas de la Sala** 📍 Sallent

■ **Taverna 1913** 📍 Manresa

## WHERE TO SLEEP?



### ANOIA

■ **Alberg Can Roviralta**

📍 Hostalets de Pierola

■ **Cal Carulla** 📍 Pujalt

■ **Cal Grau de la Llavinera**

📍 Sant Pere de Sallavinera

■ **Cal Riba** 📍 Llacuna

■ **Cal Ros** 📍 Calonge de Segarra

■ **Maset de La Costa** 📍 Piera

### BAGES

■ **Ca la Julita** 📍 Castellbell i el Vilar

■ **Càmping Cal Paradís**

📍 Sant Mateu de Bages

■ **Els plans de Cornet** 📍 Sallent



Montserrat. *Descobrir Catalunya*

## THE MUSTS

■ **Towns and cities to explore**  
Mura (Bages) has preserved its cobbled streets, and in 2024 it was recognised by UN Tourism as one of the *Best Tourism Villages of the World*. La Llacuna (Anoia) hosts a high altitude wine fair, and Igualada (Anoia) treasures an interesting industrial heritage in its REC district.

### ■ Mòn Sant Benet

A medieval monastery, hotel, old factory and home to a leading technological innovation cooking centre: the Alícia Foundation.

■ **DO Pla de Bages Wine Route**  
Winegrowers, cooperatives and 15 wineries make up a route that will help you discover the wine heritage at the foot of Montserrat.



## DO PLA DE BAGES WINE ROUTE

SURFACE	WINERIES	VARIETIES	LEGACY
A TOTAL OF <b>500</b> HECTARES AND <b>35</b> MUNICIPALITIES	<b>15</b> WINERIES MAKE UP THE DO PLA DE BAGES	AMONG THE WHITE VARIETIES, THE MOST REPRESENTATIVE IS PICAPOLL	DRY STONE HUTS AND VATS BEAR WITNESSES TO WHAT WAS ONCE THE AREA WITH THE MOST VINEYARDS IN CATALONIA



## AWAKEN THE SENSES BETWEEN VALLÈS ORIENTAL AND VALLÈS OCCIDENTAL

Savour the flavours of Montseny and Sant Llorenç del Munt

If you're looking to disconnect and immerse yourself in genuine experiences, the Vallès Oriental and Occidental await you with open arms. This route invites you to discover small treasures hidden among fabulous landscapes, authentic activities and flavours that connect you with the land. From the freshness of the Montseny Natural Park to the charm of the Sant Llorenç del Munt i l'Obac Natural Park, your journey winds through crop fields, organic vineyards and small family farms where passion for nature and respect for the product are the main protagonists.

### FRIDAY

#### A journey towards the serenity of Montseny

We recommend starting your getaway by staying somewhere calm, such as Can Gual Agroturisme, in Ametlla del Vallès, or Masia Casajoana, in Rellinars. You'll also be guaranteed a wonderful stay at Villa Maria, in Santa Maria de Palautordera.

### SATURDAY

#### Flavours and scenery in Vallès Oriental

To start the day, visit the Mel dels Erms beekeeping farm, in Sant Pere de Vilamajor, at the foot of Montseny. Here, you'll discover the world of bees and taste freshly harvested honey. Then, head to the Can Quimet Gall organic vegetable farm, in Lliçà d'Amunt, where you can stroll through the fields, see how the chickens live and taste fresh seasonal produce.

To recharge your batteries, have lunch at one of the slow food restaurants in the area, such as Tarambana in Cardedeu, known for their commitment to local and quality ingredients.

After lunch, it's time to explore the area's natural heritage. From the Montseny Natural Park to Sant Miquel del Fai, you'll be intoxicated by its spectacular landscapes, waterfalls, trails and one-of-a-kind excursions. The activities on offer are endless!

To gather strength, round off the day with a relaxing meal in a restaurant near where you're staying.

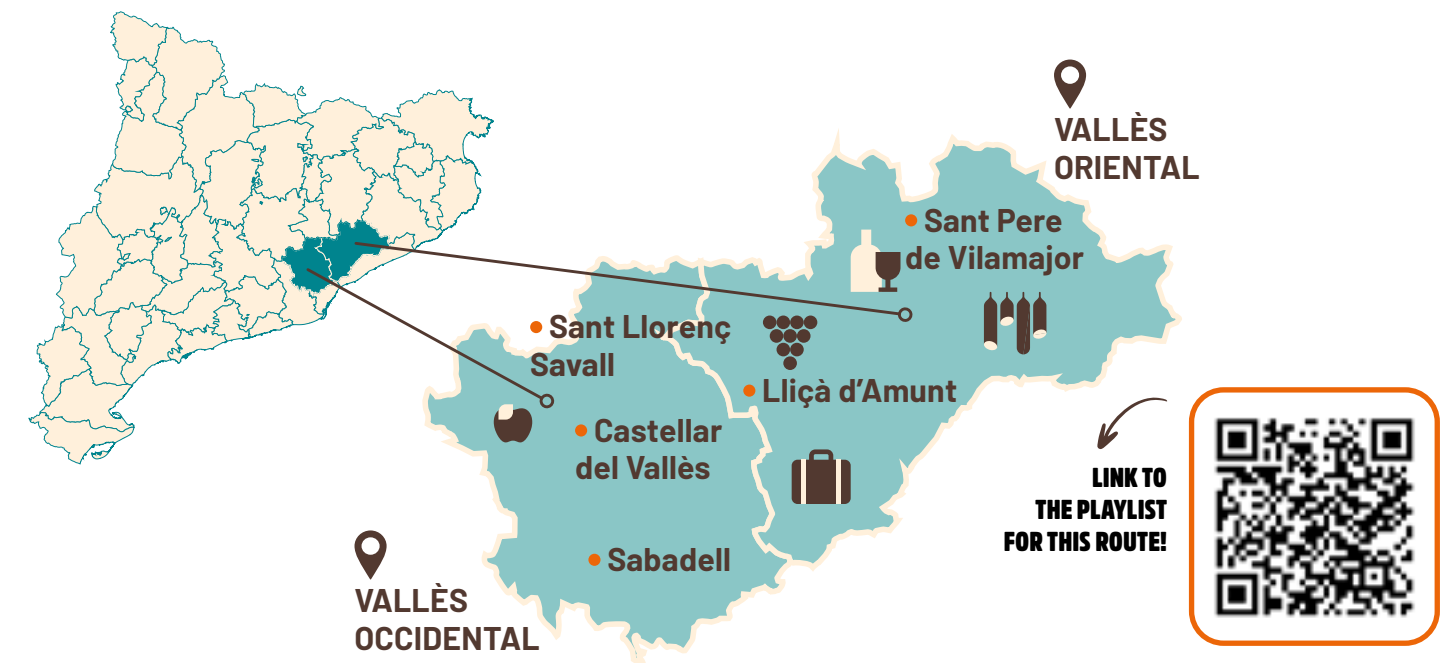
### SUNDAY

#### Tradition and organic vineyards

We'll devote our Sunday to the agricultural farms of Vallès Occidental. Start off with a visit to the Els Corrals Nous agricultural farm, on the outskirts of Sabadell. They grow organic vegetables there and, in season, you can pick and taste *calçots*. The route continues towards the Vivers Tres Turons ecological nursery cooperative, in Castellar del Vallès. A perfect activity for children to learn about native plants and their importance in preserving the landscape.

We'll take a break for lunch where, once again, we have several options. From La Taverna del Ciri, in Terrassa, to Restaurant Capicua, in Cerdanyola del Vallès, there are several possibilities to choose from.

In the afternoon, we highly recommend exploring the organic vineyard of La Muntada – 5 Quarters. It's a project located in the heart of the Sant Llorenç del Munt i l'Obac Natural Park where they cultivate ancient varieties and you can enjoy a wine tasting while taking in the spectacular scenery.



This journey through the Vallès is an invitation to connect with the land, enjoy nature and delve into a gastronomy that is both exciting and surprising.



Sant Llorenç del Munt. Descobrir Catalunya



# PLAN YOUR VISIT

## ACTIVITIES

### MEL DELS ERMS

📍 Sant Pere de Vilamajor (Vallès Oriental)



■ Visit to the bee farm with honey tasting.

### CAN QUIMET GALL

📍 Lliçà d'Amunt (Vallès Oriental)



■ Egg decorating activity.



■ Become a farmer for one morning.

### ELS CORRALS NOUS

📍 Sabadell (Vallès Occidental)



■ Calçots harvest and tasting.

### VIVER TRES TURONS

📍 Castellar del Vallès (Vallès Occidental)



■ Botanical visits and workshops for groups.

### LA MUNTADA – 5 QUARTERS

📍 Sant Llorenç Savall (Vallès Occidental)



■ Visit to the organic vineyards and wine tasting.

## WHERE TO SLEEP?



### VALLÈS ORIENTAL

■ **Villa Maria** 📍 Santa Maria de Palautordera

■ **Can Gual Agroturisme** 📍 Ametlla del Vallès

■ **Masia Can Sunyer** 📍 La Garriga

### VALLÈS OCCIDENTAL

■ **Masia Casajoana Turisme Rural** 📍 Rellinars

## WHERE TO EAT?



### VALLÈS ORIENTAL

■ **Tarambana, l'espai cultural i gastronòmic de Cardedeu**

📍 Cardedeu

### VALLÈS OCCIDENTAL

■ **Cal Miquelon** 📍 Vacarisses

■ **Restaurant Capicua**

📍 Cerdanyola del Vallès

■ **Taiet Restaurant** 📍 Ullastrell

■ **La Taverna del Ciri** 📍 Terrassa

## THE MUSTS

### ■ Authentic and local gastronomy

This route gives you the chance to discover the best of local agri-food production: pure honey, artisanal cheeses, organic wine and vegetables. It's also where you'll find the DO Mongeta del Ganxet variety of bean.

### ■ Experiences on family farms

Visits to small farms are at the heart of this route. You can put on a beekeeper's suit to learn about the world of bees, take a stroll through organic vineyards and enjoy tastings in emblematic spaces.

### ■ Spectacular natural landscapes

With spectacular scenery such as Montseny or the Sant Llorenç del Munt i l'Obac Natural Park, this route combines the best agriculture offerings with the beauty of natural landscapes. Excursions to Sant Miquel del Fai or strolls through rural surroundings are a gift for the senses.

### ■ Activities for the whole family

From egg decorating workshops to wine and cheese tastings, this route is ideal for travellers of all ages looking for an authentic and enriching experience.

## MONTSENY NATURAL PARK IN FIGURES

SURFACE	MAXIMUM ALTITUDE	BIODIVERSITY	UNESCO DECLARATION	FOOTPATHS AND TRAILS
30,120 HECTARES	TURÓ DE L'HOMÉ, 1,706 METRES	OVER 2,400 IDENTIFIED SPECIES OF FLORA AND FAUNA	BIOSPHERE RESERVE SINCE 1978	OVER 250 KM OF MARKED TRAILS



Descobrir Catalunya



# MARESME AND VALLÈS ORIENTAL, A JOURNEY FOR THE HEART AND SENSES

Live the life of a farmer and fall in love with the flavours and scenery

Discover a route full of life, flavours and landscapes that will give you a deeper insight into the authenticity of the Catalan land. This unique experience in the Maresme and Vallès Oriental regions combines the beauty of the countryside and vineyards with the excitement of activities designed for everyone: from the most adventurous lovers of gastronomy and wine to families seeking unforgettable moments.

## FRIDAY

### Be welcomed by comfort and nature

Your getaway begins in the heart of Maresme, where the warm welcome of your charming accommodation will envelop you in comfort and tranquillity. Choose between the modern comfort of Vila Arenys Hotel, in Arenys de Mar, Hotel Neptuno, in Calella, or a more direct connection with nature with the tree-houses of Cabanes Dosrius, in Canyamars. Don't miss the chance to enjoy a dinner made with local products; here, you'll begin to taste the authentic flavour of the territory.

## SATURDAY

### Live the farmer's life

On Saturday morning, your adventure begins in Palafolls, where the Horta Ecològica Pla de Munt organic vegetable garden awaits you. This family farm, now led by its third generation of farmers, combines tradition with organic farming. Working between greenhouses and open fields, Silvia and Miquel will passionately explain how they grow the vegetables that you can taste in their farm shop.

After making the most of the fertile Maresme, we'll head for Vallès Oriental to visit Can Plana, in Vallgorguina. This traditional farmhouse, in an extremely picturesque setting, is home to a flock of sheep and goats that graze freely and give life to a sustainable livestock farm. Here, you'll find guaranteed fun for families, from collecting eggs to tending the vegetable garden, while the more curious members of the family can discover how a lifelong livestock business works.

For lunch, you won't be short of options. In Arenys de Munt, you can enjoy traditional Catalan cuisine at the Collsacreu restaurant or L'Era Restaurant. If you'd rather visit the coast, El Turó, in Arenys de Mar, will also offer you an excellent gastronomic experience.

In the afternoon, if it's spring (April to June), return to Maresme for a sweet experience at Can Marpons, in Arenys de Munt. Specialising in strawberries from Maresme, here, you'll learn the secret of hydroponic cultivation which enhances flavours and aromas.

## SUNDAY

### Between vineyards and historical heritage

Begin your Sunday surrounded by vineyards at Celler Talcomrja, in Arenys de Munt, where they produce natural wines from vineyards cultivated with regenerative agriculture. You'll be able to stroll through a landscape of vineyards full of character and end up tasting an exquisite selection of local products. The route continues towards Argentona, where the vibrant energy of Esquis Fruits-Can Pins awaits you. This small farm is much more than a mere vegetable garden: it's a space where respect for the land and family hospitality come together.

Finally, we arrive in Tiana, at Celler Batlle, an organic winery with wines from the DO Alella that champion native varieties such as the Pansa Blanca or the Picapoll. Here, you're sure to enjoy an unforgettable wine experience. From visiting the vineyards to the final tasting, this stop is pure inspiration for lovers of good wine.

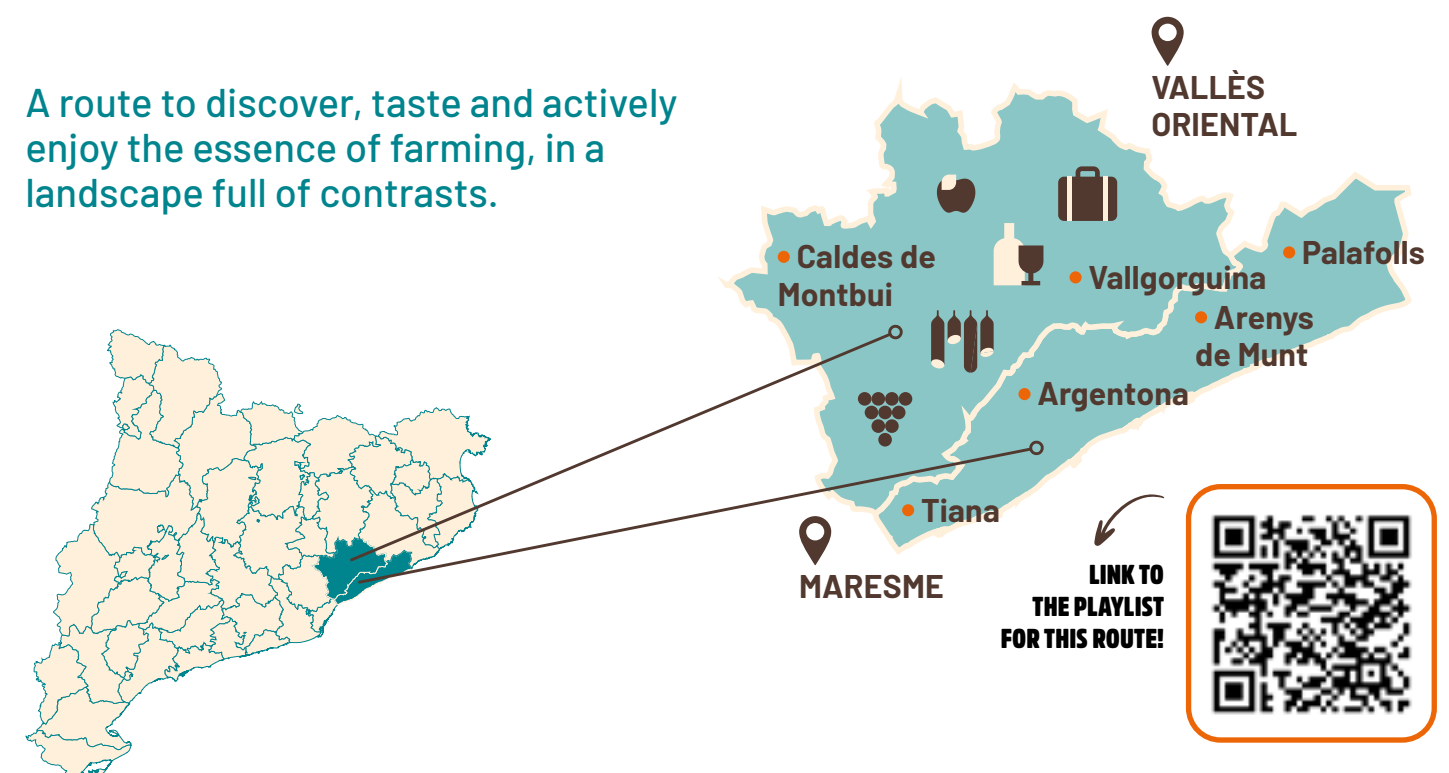
To round off the route, either have lunch in Tiana itself, at the Can Roca restaurant, or take a slight detour to El Masnou to enjoy Tresmacarrons, recognised with a Michelin star.

End the afternoon with a stroll through the serene greenery of the Marina mountain range, a space that combines nature and historical heritage. The exterior grounds of the Carthusian Monastery of Montalegre, a 15th-century construction with a truly mystical air, are the perfect ending to a trip that has allowed you to discover the best of Maresme and Vallès Oriental.



Ruta del Vi d'Alella

A route to discover, taste and actively enjoy the essence of farming, in a landscape full of contrasts.





# PLAN YOUR VISIT

## ACTIVITIES

### ALTA ALELLA

📍 Alella (Maresme)



- Vineyard visits and tasting.
- Wine pairings and wine tourism activities.

### HORTA ECOLÒGICA PLA DE MUNT

📍 Palafolls (Maresme)



- Visits and product tasting.

### CAN PLANA

📍 Vallgorguina (Vallès Oriental)



- Visit to the farm.
- Various activities such as tending the garden, going to pick the *tió*, the *castanyada*, etc.

### OLI LA XERONA

📍 Caldes de Montbui (Vallès Oriental)



- Visit to the olive groves and oil tasting with pairing.

### CAN MARPONS

📍 Arenys de Munt (Maresme)



- Strawberry picking and tasting.

### CELLER TALCOMRAJA

📍 Arenys de Munt (Maresme)



- Wine tasting and scenic views.
- Multidisciplinary workshop. *Desvetllem la vinya* (Let's explore the vineyard).

### CAN XICOY

📍 Arenys de Munt (Maresme)



- Visit the farm and learn about the herds as well as the milking process.

### ESQUIS FRUITS-CAN PINS

📍 Argentona (Maresme)



- Visit to the vegetable garden.
- *Coca de forner* baking workshop.
- Pony rides for the little ones.

### CELLER QUIM BATLLE

📍 Tiana (Maresme)



- Tour and Catalan breakfast.
- Visit to the vineyard and winery.
- Visit and tasting.



Alta Alella

## WHERE TO EAT?



### VALLÈS ORIENTAL

- **Tarambana, l'espai cultural i gastronòmic de Cardedeu** 📍 Cardedeu

### MARESME

- **El Turó** 📍 Arenys de Mar
- **Món La Cata** 📍 Arenys de Munt
- **L'Era Restaurant** 📍 Arenys de Munt
- **Restaurant Collsacreu** 📍 Arenys de Munt
- **Ragú Restaurante** 📍 Pineda de Mar
- **Cal Víctor** 📍 Dosrius
- **Restaurant Can Roca Tiana** 📍 Tiana
- **Tresmacarrons** 📍 El Masnou
- **La Morera** 📍 Mataró

## STRAWBERRIES FROM MARESME. A LOCAL PRODUCT WITH ADDED VALUE

ANNUAL PRODUCTION	SURFACE CULTIVATED	MAIN LOCAL VARIETIES
BETWEEN 1,200 AND 1,400 TONS	BETWEEN 60-80 HECTARES	GAVIOTA, PÁJARO, MÀRMOL, CAMAROSA, VENTANA AND CANDONGA

## WHERE TO SLEEP?



### VALLÈS ORIENTAL

- **Masia Can Sunyer Cultura de Camp** 📍 La Garriga
- **Villa Maria** 📍 Santa Maria de Palautordera
- **Can Gual Agroturisme** 📍 Ametlla del Vallès

### MARESME

- **Hostal Portofino** 📍 Arenys de Mar
- **Vila Arenys Hotel** 📍 Arenys de Mar
- **Cabanes Dosrius** 📍 Dosrius
- **Can Rosich Turisme Rural** 📍 Santa Susanna

## THE MUSTS

### ■ Connect with the vegetable garden and rural life

Explore farms, such as Horta Ecològica Pla de Munt or Can Xicoy, where you'll discover the secrets of organic and sustainable agriculture through immersive experiences, ideal for families and the curious among you.

### ■ The world of wine with the DO Alella Wine Route

Discover unique wineries like Celler Batlle, where they combine tradition, sustainability and a commitment to local varieties, with delicious tastings at the end.

### ■ Life at a slow pace among vineyards, orchards and farms

Enjoy everyday life on traditional farms. Take the opportunity to learn about and taste the Ganxet bean (DOP) and the Vallmora Wine Tourism and Archaeological Centre, managed by the DO Alella Wine Route.

### ■ Natural and cultural heritage

Take in the views surrounding the Marina mountain range and visit historic sites such as the Cartoixa de Montalegre monastery, which unite history and nature in a peaceful and captivating environment.



## FROM THE VEGETABLE GARDENS TO THE VINEYARDS OF BARCELONÈS, BAIX LLOBREGAT AND ALT Penedès

Three days for savouring nature and tradition in their purest form

We propose an unforgettable getaway through three regions of the Costa Barcelona. An experience that's tailor-made for foodies, wine lovers, families, as well as nature and culture enthusiasts. Ideal for tasting wines, cavas, vegetables, oil, organic products with DO/PGI and native varieties. The route is divided into two complementary itineraries, which converge on Saturday afternoon and remain together for the whole of Sunday. Get ready for a weekend full of flavours, landscapes and history.

### FRIDAY

#### Start your adventure

You can spend Friday night at Cal Negri, in Vilafranca del Penedès, or Cal Farriol, in Mediona. There are also plenty of other options. For dinner, try the local products at one of the restaurants in the area or at your accommodation.

### SATURDAY · OPTION A

#### Relish the organic vegetable garden

We'll start the day in Baix Llobregat by visiting Tugàs i Companyia, in Viladecans. This family farm invites you to stroll through cherry tree and organic vegetable fields with your family, where you can pick your own basket of fruit and vegetables. An ideal experience for families and lovers of local food.

For lunch, recharge your batteries in one of the restaurants in Baix Llobregat, such as 9Cèntric, in El Prat de Llobregat, or El Pebre - Espai Gastronòmic i Cultural, in Olesa de Montserrat.

In the afternoon, we'll head to Alt Penedès to visit the Cuscó Berga winery in Avinyonet del Penedès, in Avinyonet del Penedès. Dive straight into a premium wine tourism experience with organic wines and cavas. You'll explore vineyards, olive groves and dry stone banks while taking in the spectacular scenery aboard an off-road vehicle.

### SATURDAY · OPTION B

#### Wine tourism route

We'll start the day with a visit to the Vins el Cep winery, in Sant Sadurn d'Anoia, a benchmark in biodynamic agriculture and creators of the first certified biodynamic cava in the world. Enjoy a tasting surrounded by vineyards and native forests. Then, we'll continue towards Bodega Sumarroca, in Subirats, where wine and cava are produced with passion and respect for nature. The experience includes a walk through the vineyards and a tasting of three exceptional products.

For lunch, relax in one of the local restaurants, such as Cal Xim, in Sant Pau d'Ordal, or the Sol i Vi restaurant, in Subirats. We'll round off the day by visiting Celler Cuscó Berga, where we coincide with option A, for an afternoon full of nature and good wines.

### SUNDAY

#### Traditions of the Penedès

In the morning, we'll explore Granja Guirigall, in the Pla del Penedès, which specialises in the Gall del Penedès, a type of rooster with PGI. You'll learn all about this native species while tasting products such as pâté and local wine. A few kilometres away, we'll visit the Josep Lluch oil mill, in Guardiola de Font-rubí, where you can take a tour that includes tasting authentic varieties. We'll end the

day at Llopart winery, in Subirats. Here, as well as visits and wine tasting, they also have activities specially designed for children and nature lovers.

For lunch, you'll find restaurants nearby like La Posada de Sant Pere, in Olèrdola, among others.

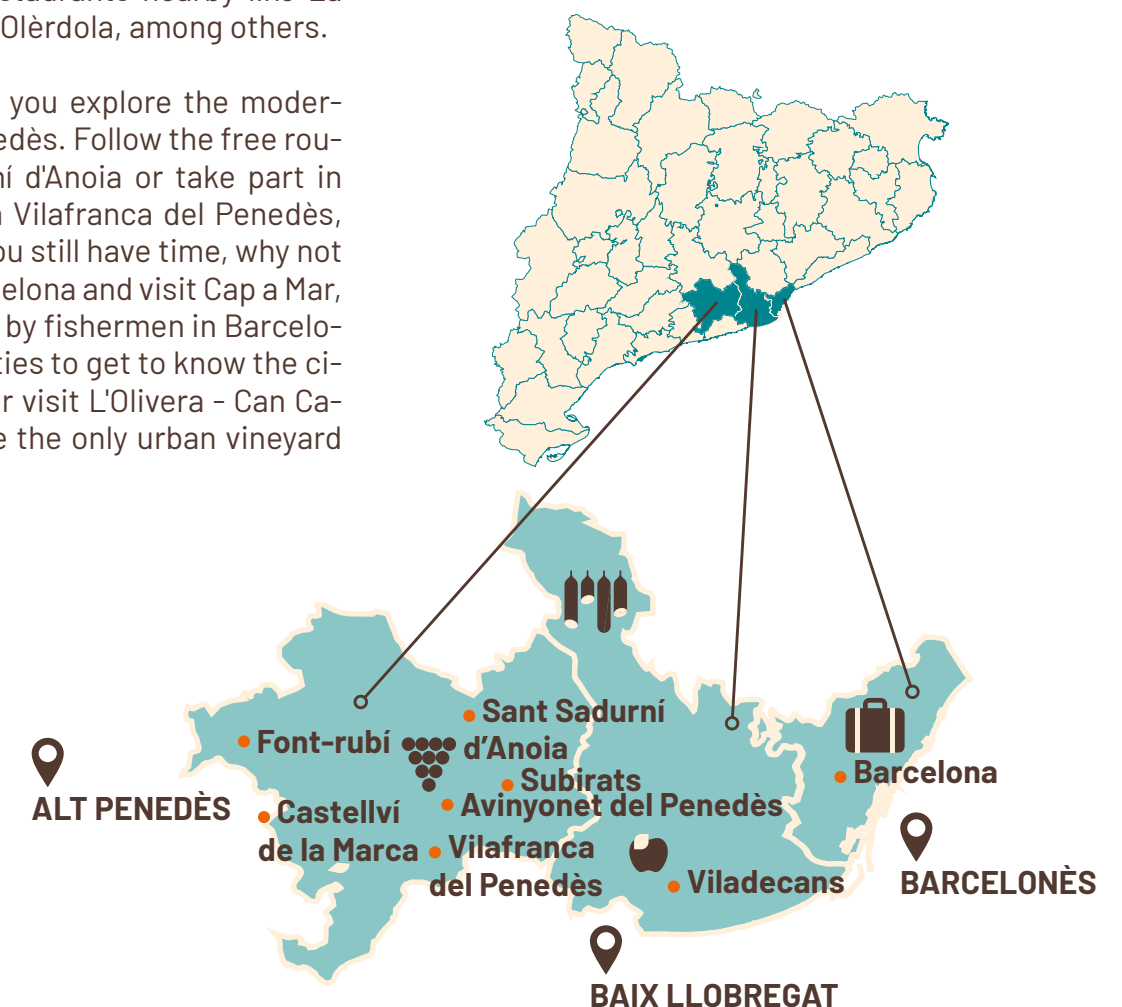
Before leaving, be sure you explore the modernist heritage of the Penedès. Follow the free route through Sant Sadurn d'Anoia or take part in the dramatised visits in Vilafranca del Penedès, City with Character. If you still have time, why not make your way into Barcelona and visit Cap a Mar, an organisation created by fishermen in Barcelona that organises activities to get to know the city's Fishermen's Dock, or visit L'Olivera - Can Calopa, where you can see the only urban vineyard in Barcelona.



Enoturisme Penedès

An experience that will take you by surprise as you discover three regions full of authentic flavours, spectacular landscapes and a rich cultural heritage.

LINK TO THE PLAYLIST FOR THIS ROUTE!







PLAN YOUR VISIT




ACTIVITIES

**TUGAS I COMPANYIA**  Viladecans (Baix Llobregat)



-  Visit the vegetable garden and learn about sustainable practices for children.
-  Tasting of seasonal products and show cooking.

**CELLER CUSCÓ BERGA**


**Avinyonet del Penedès** (Alt Penedès)

-  Wine and cava tasting.
-  Visit to the winery and walks around the area.
-  4x4 route.

**CELLERS CAN SURIOL**  Font-rubí (Alt Penedès)

-  Visit to the winery and tasting.
-  Visit to Graubac Castle, the Chapel of Can Suriol and the surrounding vineyards.

**MOLÍ D'OLI JOSEP LLUCH**  Font-rubí (Alt Penedès)


-  Visit to learn about how oil is produced and a tasting.

**VINS EL CEP**  Sant Sadurní d'Anoia (Alt Penedès)


-  Wine tasting and scenic views.

**HORT DE LA CARMETA**

**Castellví de la Marca** (Alt Penedès)



-  Visit and tasting of organic products.

**EUDALD MASSANA NOYA**  Subirats (Alt Penedès)

-  Various activities such as visits to vineyards, breakfasts in the vineyards, harvesting activities, technical visits, wine tastings and pairings.




**BODEGA SUMARROCA**

**Subirats** (Alt Penedès)

-  Traditional visit and wine tasting.
-  Pairings.

**LLOPART**

**Subirats** (Alt Penedès)

-  Visits and wine tasting.
-  Visit to the vineyards for families with activities for children.
-  Visit to the family farmhouse and tasting.


**GRANJA GUIRIGALL**

**Vilafranca del Penedès** (Alt Penedès)

-  Visit to the chicken and rooster coop.


**CAP A MAR**

**Barcelona** (Barcelonès)

-  Activities to learn about the fishing profession and see the fish auction.

**L'OLIVERA - CAN CALOPA**

**Barcelona** (Barcelonès)

-  Visit to the vineyard, the farmhouse, the winery and wine tasting.

WHERE TO SLEEP?

ALT PENEDE'S

-  **Hotel Fonda Neus**  Sant Sadurní d'Anoia
-  **Cal Negri**  Vilafranca del Penedès
-  **Mercer Casa Torner i Güell**  Vilafranca del Penedès
-  **Cal Farriol**  Mediona

WHERE TO EAT?




BAIX LLOBREGAT

-  **9Cèntric**  El Prat de Llobregat
-  **Atrévete**  Sant Boi de Llobregat
-  **El Pebre. Espai Gastronòmic i Cultural**  Olesa de Montserrat

BARCELONÈS

-  **Restaurant La Venta**  Barcelona
-  **Chez Cocó**  Barcelona
-  **Rasoterra**  Barcelona

ALT PENEDE'S

-  **Cal Xim**  Subirats
-  **Restaurant Sol i Vi**  Subirats
-  **La Posada de Sant Pere**  Olèrdola






Cellers de Can Suriol

PENEDE'S WINE ROUTE

SURFACE	WINERIES DO PENEDE'S AND DO CAVA	VARIETIES
OVER 2,500 HECTARES OF VINEYARDS AND 61 MUNICIPALITIES, WITH DO PENEDE'S AND DO CAVA	300 WINERIES THAT ARE PRODUCERS OVER 70 WINERIES THAT CAN BE VISITED OVER 90% OF PRODUCTION IS ORGANIC	THE XAREL·LO IS THE NATIVE VARIETY PAR EXCELLENCE. MACABEU IS ALSO PRODUCED, AS WELL AS BLACK GRENACHE AND PINOT NOIR, AMONG OTHERS.
ACTIVITIES		
TOURIST EXPERIENCES IN WINERIES, ACCOMMODATION, STONE HUTS AMONG VINEYARDS, RESTAURANT MUSEUMS, SPECIALISED SHOPS AND TOURIST SERVICES.		

THE MUSTS

-  **Local and sustainable gastronomy**  
Discover local products such as organic wines, regenerative vegetable gardens and extra virgin olive oil.
-  **Culture and traditions**  
Enjoy experiences like helping to raise the Gall del Penedès, a type of rooster with PGI, and following routes through the modernist heritage, both in Vilafranca del Penedès and Sant Sadurní d'Anoia. This area also has a strong market tradition and, on the coast, fishing is extremely important.
-  **Wines and cavas**  
We can't fully delve into the Penedès without taking into account its wine production. Enjoy the activities along the Penedès Wine Route, with DO Penedès, DO Cava, Clàssic Penedès, Corpinnat and even the PGI Brandy del Penedès. In Barcelonès, don't forget the unique urban vineyard of L'Olivera - Can Calopa.



## PRIORAT AND CONCA DE BARBERÀ, TWO TERRITORIES WITH A WINE-GROWING SOUL

A getaway that combines wine, tradition and magical scenery

On this route, we suggest embarking on a journey that combines wine, gastronomy and nature in perfect harmony. Priorat and Conca de Barberà are a lot more than just two wine regions: they're territories with soul where every glass, every landscape and every experience tells a story. We invite you on a route where you'll enjoy wine-making landscapes where high quality wines are produced and come across charming villages with a great deal of history hidden in every stone. And, of course, always, surrounded by unique and spectacular panoramic views.

### FRIDAY

#### A break with rural charm

We recommend starting your getaway on Friday evening. You can stay at one of the many places with authentic character, from the fantastic Hotel-Hostal Sport, in Falset, to rural tourism houses like Cal Passió, in Vimbodí i Poblet, among many others. The calm and warmth of the countryside and its inhabitants will welcome you in all of the accommodation we suggest.

### SATURDAY

#### Wine, mountains and tradition in Priorat

The day begins in Hericamps, in La Figuera, where you can immerse yourself in rural life, an ideal experience for the whole family: vineyards, an organic vegetable garden and wine and extra virgin olive oil tasting make for a visit that certainly won't leave you indifferent. Afterwards, a fantastic way to discover the magnificence of the DOQ Priorat is to visit Celler Perinet, where the slate and the hillside vineyards will tell you about the area's winemaking tradition, sip by sip. For lunch, treat yourself to a gastronomic experience in Falset at renowned establishments such as Quinoa Restaurant. And, in the afternoon, to help your food go down, stroll around the Siurana reservoir and the town which shares the same name and let yourself be captivated by its beauty, a place perched on top of a cliff where time seems to have stood still.

### SUNDAY

#### Flavours and stories in Conca de Barberà

Cross the Prades mountains admiring the landscapes and cliffs around you during the journey, and then stop off in Vimbodí i Poblet, where the home-made sausages from Ca la Cova will be a delight for your palate. Here, you can take the opportunity to visit the Glass Museum and purchase a unique handcrafted piece. And, of course, take a stroll through the forests of the Poblet Natural Park, which is a protected area.

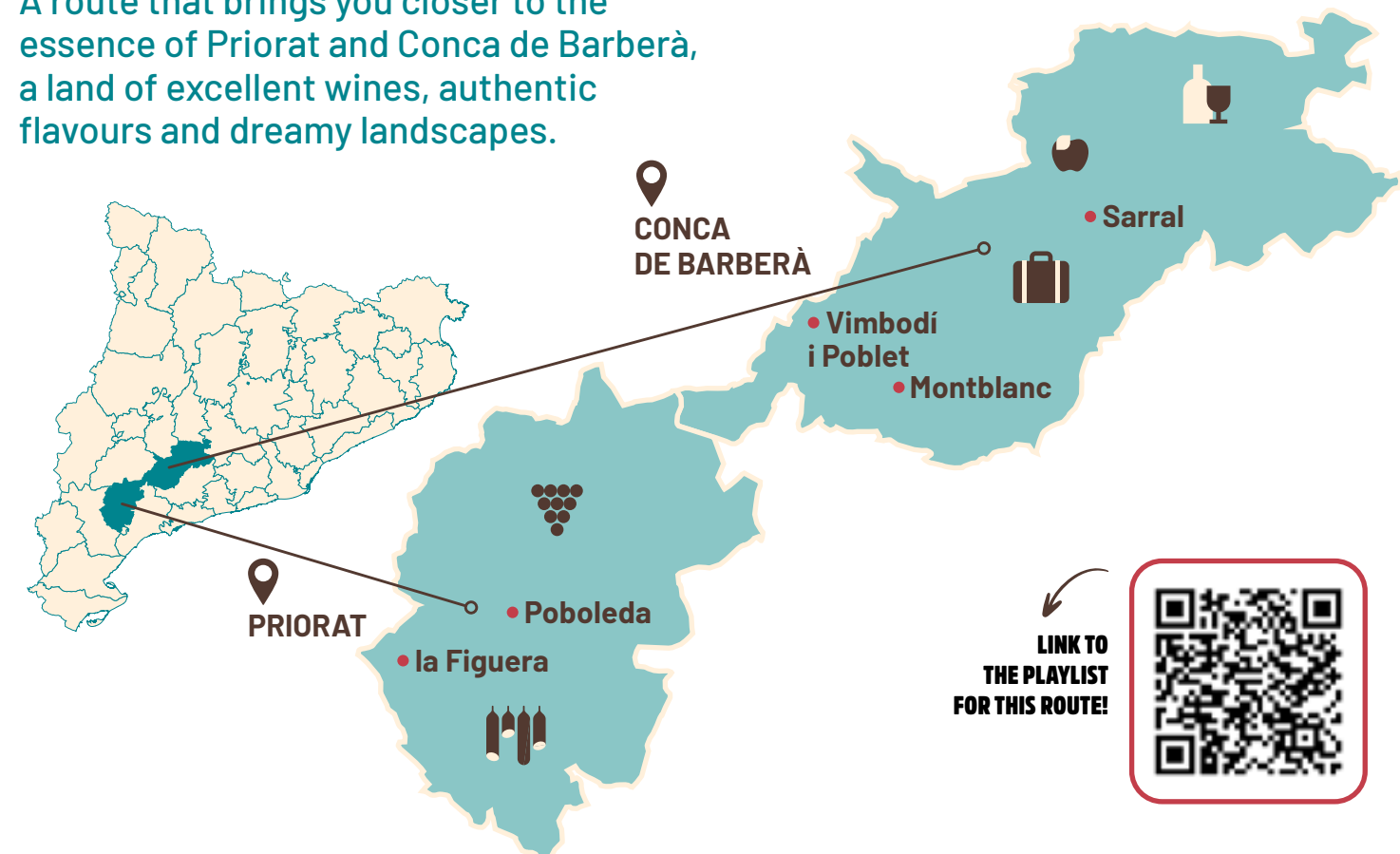
Continue to Montblanc, where you can taste organic wines with the Trepát grape as the protagonist at Celler Josep Foraster, or take part in wine tourism activities such as paired breakfasts. In Montblanc itself, continue the experience with Aromis de la Conca's one-of-a-kind project, where you'll rediscover the charm of saffron and aromatic herbs. It's a unique project that reminds us that we have one of the best saffrons in the world here.

And you simply can't leave without admiring the "Wine Cathedrals" at Celler Cooperatiu de Sarral, a prime example of Catalan agricultural modernism. For lunch, and to round off a weekend bursting with sensations, opt for local cuisine in restaurants in Montblanc or L'Espluga de Francolí, such as El Molí del Mallol or L'Ocell Francolí.



Celler Perinet

A route that brings you closer to the essence of Priorat and Conca de Barberà, a land of excellent wines, authentic flavours and dreamy landscapes.





PLAN YOUR VISIT

ACTIVITIES

- HERICAMPS** 📍 La Figuera (Priorat)  
🍷🍷🍷  
■ Visit to the winery with views of the grounds and a tasting.  
🍷🍷🍷  
■ Visit to the vineyards, winery and a tasting.

- CELLER PERINET** 📍 Poboleda (Priorat)  
🍷🍷🍷  
■ Classic visit with a wine tasting.  
■ Barrel tasting.

- COOPERATIVA FALSET MARÇA**  
📍 Falset (Priorat)  
🍷🏛️  
■ Guided tour with wine tasting.  
👥🍷🏛️  
■ Dramatised visit with wine tasting.

- CELLER JOSEP FORASTER**  
📍 Montblanc (Conca de Barberà)  
👥🍷🏛️  
■ Visit to the winery and museum of ancient tools.  
🍷🍷  
■ Stroll through the vineyards and enjoy a wine tasting.

- AROMIS DE LA CONCA**  
📍 Montblanc (Conca de Barberà)  
👥🍷🍷  
■ Visit to the saffron cultivation area and tasting of delicacies.

- COOPERATIVA VINÍCOLA DE SARRAL**  
📍 Sarral (Conca de Barberà)  
🍷🏛️  
■ Wine tourism visits.



Celler Josep Foraster

WHERE TO EAT?



- PRIORAT**  
■ **El Balcó del Priorat** 📍 La Morera de Montsant  
■ **GastroBar l'Únic** 📍 La Morera de Montsant  
■ **Quinoa Restaurant** 📍 Falset  
■ **Hotel-Hostal Sport** 📍 Falset

- CONCA DE BARBERÀ**  
■ **Cúmul** 📍 Montblanc  
■ **El Cortijo** 📍 Montblanc  
■ **El Molí del Mallol** 📍 Montblanc  
■ **Olivera Restaurant** 📍 Montblanc  
■ **Restaurant Cal Magret** 📍 Montblanc  
■ **Restaurant El Pergami** 📍 Montblanc  
■ **Restaurant Sant Francesc** 📍 Montblanc  
■ **Pizzeria Viaurèlia** 📍 Montblanc  
■ **Hostatgeria de Poblet** 📍 Vimbodí i Poblet  
■ **Restaurant dels Torrents** 📍 Vimbodí i Poblet  
■ **Bar Restaurant Chaplin** 📍 Sarral  
■ **Art Restaurant de l'Espluga** 📍 L'Espluga de Francolí  
■ **Hostal - Restaurant Les Disset Fonts** 📍 L'Espluga de Francolí  
■ **Hotel restaurant L'Ocell Francolí** 📍 L'Espluga de Francolí  
■ **Masia Sagués** 📍 L'Espluga de Francolí

WHERE TO SLEEP?



- PRIORAT**  
■ **Mas Ardèvol** 📍 Falset  
■ **Hotel Hostal Sport** 📍 Falset  
■ **L'Escoleta tourist apartments** 📍 La Bisbal de Falset  
■ **LoRefugi** 📍 Cornudella de Montsant
- CONCA DE BARBERÀ**  
■ **Caseta Solivella** 📍 Solivella  
■ **Cal Bertran** 📍 Llorac  
■ **Niu Rural** 📍 Les Piles  
■ **Cal Bomber 1779** 📍 Vimbodí i Poblet  
■ **Cal Passió** 📍 Vimbodí i Poblet  
■ **Hostatgeria de Poblet** 📍 Vimbodí i Poblet  
■ **Masia Sagués** 📍 Vimbodí i Poblet  
■ **Ca l'Esperanso** 📍 Sarral  
■ **Casa Miret** 📍 Sarral  
■ **Alberg L'Espluga de Francolí - Xanascot** 📍 L'Espluga de Francolí  
■ **Villa Engràcia rural hotel and apartments** 📍 L'Espluga de Francolí



Montblanc. Descobrir Catalunya

WINE FIGURES

DOO PRIORAT	DO MONTSANT	DO CONCA DE BARBERÀ
2,085 HECTARES OF VINEYARDS	1,800 HECTARES OF VINEYARDS	6,000 HECTARES OF VINEYARDS
114 WINERIES	51 WINERIES	31 WINERIES
Star variety: GRENACHE	Star variety: GRENACHE	Star variety: TREPAT

THE MUSTS

- **Vineyards and wineries, the Wine Routes of Trepat and Priorat**  
Taste top quality wines, made of wine varieties such as Grenache, Carignan and Trepat, and visit iconic wineries like Perinet or Josep Foraster.
- **The town of Siurana and the reservoir**  
Discover one of the most beautiful towns in Catalonia, with cobbled streets and spectacular views over the Montsant reservoir and mountains.
- **The Poblet Natural Park and the Monastery of Santa Maria de Poblet**  
Stroll through the protected forest and visit this Cistercian monastery declared a World Heritage Site by UNESCO. A special place nestled within the **Trepat Route**.
- **The modernist "Wine Cathedrals"**  
Admire the unique architecture of the Cooperativa Vinícola de Sarral or other wine-producing buildings that are jewels of rural modernism.
- **The medieval town of Montblanc**  
Walk along the walls, stroll through the cobbled streets and discover its rich historical and cultural heritage.



## A MOSAIC OF LANDSCAPES ALONG THE COSTA DAURADA

A weekend spent between the sea and the mountains

Immerse yourself in a route that will connect you with nature, traditional flavours and the most authentic activities. Travelling through the different regions of the Costa Daurada is an experience that combines spectacular scenery – from fields of almond, hazelnut and olive trees to the majestic Prades Mountains – with the pleasure of discovering agricultural and livestock farms that are still keeping local traditions alive. From artisanal honeys and cheeses, to DO products, this route through the regions of Alt and Baix Camp, Baix Penedès and Tarragonès is a true pleasure for all the senses.

### Activities for all tastes

On this route, you'll be able to visit artisanal cheese dairies, witness beekeepers producing delicious honey, explore nut farms with Designation of Origin and wineries with extraordinary wines. You'll take part in one-of-a-kind family activities such as guided tastings, horseback riding or visits to family farms, where you can get to know the daily life of producers first-hand and enjoy unforgettable moments.

### FRIDAY

#### Surround yourself by nature

Start the weekend by staying somewhere that connects you with the environment. There are so many options to choose from and, among them, you'll find rural houses like Cal Camilo, in Duesaigües, or a unique experience, like the tree-houses at Xalet de Prades. You'll also get the chance to try local products, either at your accommodation or in one of the local restaurants.

### SATURDAY

#### The splendour of the Tarragona countryside

We'll start the day in Montbrió del Camp, in Baix Camp, visiting Mel Dolz, a small beekeeping farm where you can meet the bees and taste rosemary, orange and thousand-flower honeys. Another honey farm well worth a visit is Mel El Remei, where there are many activities for children. Continue towards Vilallonga del Camp, in Tarragonès, to discover Ca Rosset, an organic farm dedicated to "negreta" hazelnuts with PDO Avellana de Reus, al-

monds and extra virgin olive oil. Take a stroll among the flowering hazelnut trees (April-June) and taste this special type of nut. For lunch, you can choose from different local restaurants such as Casa Felix, in Valls, Quintaforca, in Nulles, or Masia del Pla, in Pla de Santa Maria. And if you visit in the right season, don't forget to order the traditional PGI Calçots, the pride of this area. After lunch, we'll leave the plain and head for Capafonts, in the heart of the Prades Mountains. Here, we recommend visiting Vall del Brugent Formatges i Cabrits, where you can join the shepherds while the goats graze, visit their workshop and enjoy a cheese tasting.

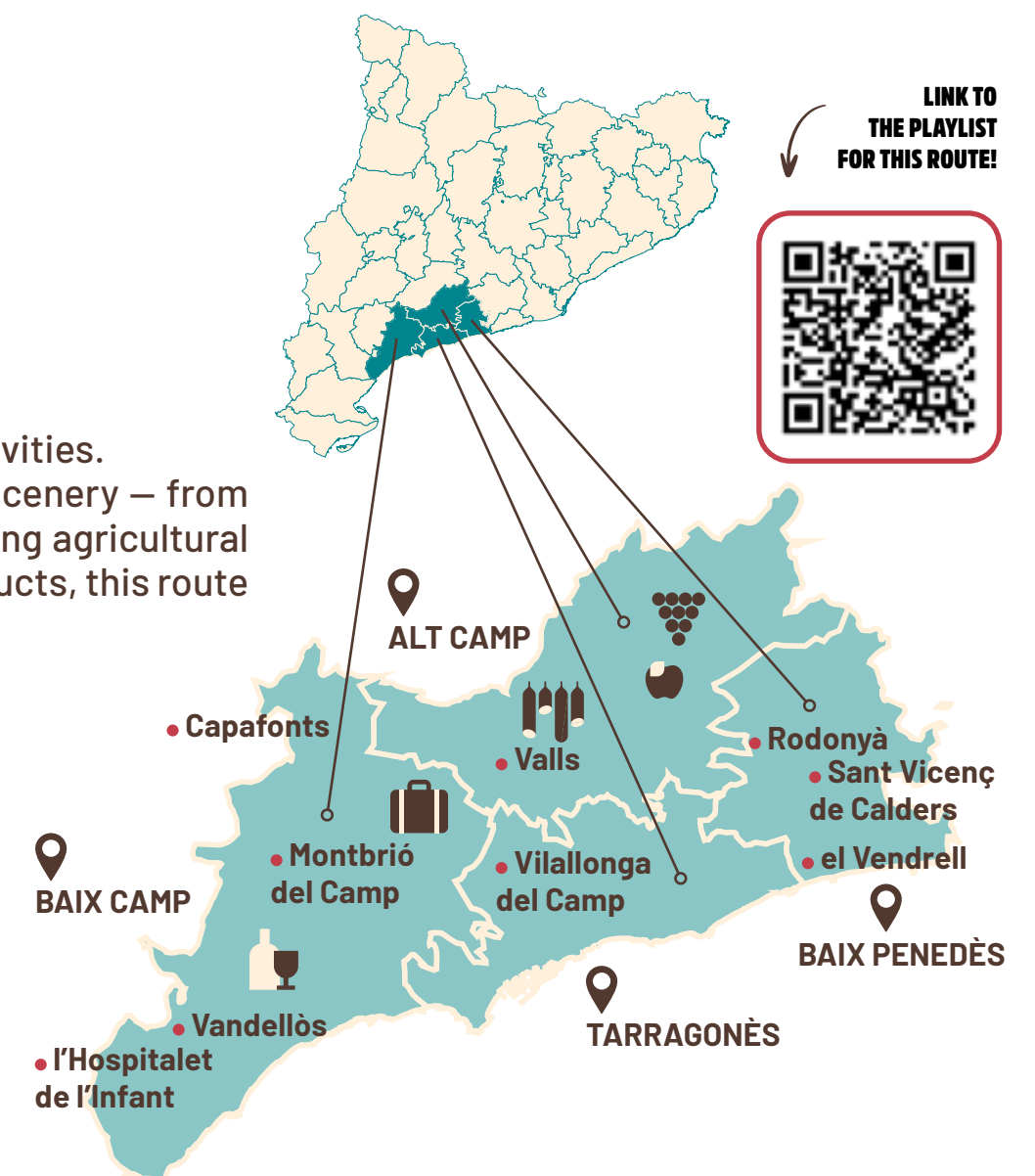
### SUNDAY

#### From the mountain to the vineyard

Sunday's tour is all about wine. Start at Dasca Vives, an organic and biodynamic winery in Alt Camp, where you can visit the vineyards, learn about production and taste wines. Then, head to Vinya Janine, in Rodonyà, to explore the organic vineyards, the winery and activities such as wine pairings or horseback riding. Round off the day at Cellers Avgstvs Forvm, in El Vendrell, known for its wines and vinegars, where you can enjoy a full wine tourism experience.

For lunch, your palate will appreciate a good meal at Mas Pla Restaurant, in Valdossera. But if you want to enjoy coastal cuisine, head for Torredembarra or Tarragona, with options like El Peix que es Mossega la Cua or El Llagut. Before returning, explore the routes through the Bonastre Massif on foot or by bike, or delve into Tarragona's Roman heritage.

A remarkable weekend spent connecting with nature and savouring the most authentic and unique Costa Daurada.



Vilanova de Prades



PLAN YOUR VISIT

ACTIVITIES

MEL DOLZ

📍 Montbrió del Camp (Baix Camp)



- Visit to the beekeeping farm and tasting.

CA ROSSET

📍 Vilallonga del Camp (Tarragonès)



- Visit, walk around the estate and hazelnut tasting for the five senses.

FORMATGES ARTESANS  
LA VALL DE BRUGENT

📍 Capafonts (Baix Camp)



- Visit the farm and the grounds.



- Take the goats out to graze.



- Artisanal cheese tasting and opportunity to purchase the farm's own products.

CELLER DASCA VIVES

📍 Valls (Alt Camp)



- Visit to the vineyards, winery and wine tasting.

VINYA JANINE

📍 Rodonyà (Alt Camp)



- Visit to the organic vineyards and wine tasting.



- Dinners with food pairing.



- Horseback riding treks.

CELLERS AVGVSTVS FORVM

📍 El Vendrell (Baix Penedès)



- Visits and food and wine tastings.

AVIAT

📍 Vandellòs i l'Hospitalet de l'Infant (Baix Camp)



- Visit to the organic chicken farm.



- Activities for children.

MEL EL REMEI

📍 Alcover (Alt Camp)



- Guided tour of the Honey Museum.



- Beeswax candle workshop.



- Bee safari.



- Visit to the farm and tasting of honey and drinks made with honey.



Avgvstus Forvm

WHERE TO EAT?



ALT CAMP

- **K-L'Ermità** 📍 Alcover
- **L'Ermita del Remei** 📍 Alcover
- **Restaurant Catalunya** 📍 Aiguamúrcia
- **Casa Felix** 📍 Valls
- **Quintaforca** 📍 Nulles
- **Masia del Pla** 📍 Pla de Santa Maria
- **Mas Pla** 📍 Querol
- **Llépol Restaurant** 📍 Vila-rodona

BAIX CAMP

- **La Taverna Braseria** 📍 Prades

TARRAGONÈS

- **Ca la Dori** 📍 El Morell
- **El llagut** 📍 Tarragona

WHERE TO SLEEP?



ALT CAMP

- **Casa Pont** 📍 Vila-rodona
- **Cal Socías** 📍 Vila-rodona
- **Cal Masot del Gaià** 📍 Aiguamúrcia
- **Boutique hotel & spa Les Vinyes** 📍 Montferri

BAIX CAMP

- **Casa Rural Cal Camilo** 📍 Duesaigües
- **Cal Pedret** 📍 Riudecanyes
- **Ecocamp Vinyols** 📍 Vinyols i els Arcs
- **Xalet de Prades** 📍 Prades 🧑🏻🧑🏻🧑🏻

BAIX PENEDE'S

- **Els Cups Casa Rural** 📍 El Vendrell 🧑🏻🧑🏻🧑🏻
- **Mandala apartments** 📍 Calafell 🧑🏻🧑🏻🧑🏻

PRADES MOUNTAINS

ALTITUDE	CHARACTERISTICS	SPECIES OF INTEREST
<b>1,203</b> m (PEAK OF THE BALTASANA)	AREA OF NATURAL INTEREST <b>(PEIN)</b> AND STARLIGHT ZONE	OAKS RED PINES HOLM OAKS EAGLE-OWL GOLDEN EAGLE

THE MUSTS

■ Two Wine Routes

There are almost 200 wineries registered on the DO Penedès Wine Route, and the DO Tarragona Wine Route offers 19 visits to wineries and 37 unique experiences. Reus also has a great deal to offer with the Vermouth Route.

■ Landscapes and nature

Take in the spectacular views of the Prades Mountains, where you'll also find endless routes along paths surrounded by native flora and fauna. On the plain, stroll through the fields of almond trees, hazelnut trees, olive trees and areas with a wine-growing tradition.

■ Variety of PGI products

This family-friendly route allows you to taste a variety of delicious and local products. Such is the case with the PGI Patates de Prades (potatoes), PGI Calçots de Valls, PDO Avellana de Reus (hazelnuts), and PDO Oli Siurana (olive oil).

■ Activities for everyone

This route is one to enjoy with your family, with options such as horseback riding, carriage rides or walks to take in the natural surroundings. You'll find experiences for young and old that connect you with local culture and tradition. Have fun!



## LOSE YOURSELF IN THE VINEYARD LANDSCAPES AND OLIVE TREES OF TERRA ALTA

A route that combines oil, wine and breathtaking natural landscapes

If you like charming landscapes and good cuisine, you're sure to enjoy this route that runs through Terra Alta, the innermost region of Terres de l'Ebre. You'll walk among almond trees, vineyards that produce the famous white Grenache and fields of majestic olive trees, with the native Empeltre variety combined with the Arbequina. Nature and tradition merge together in this proposal, offering you a route that's simply unique. The Els Ports massif, the valleys of the Algars and Canaletes rivers and the Pàndols i Cavalls mountain range invite you to explore and enjoy the beauty they have to offer, either by foot, by car, on foot or by bicycle, along the different sections of the Greenway.

### FRIDAY

#### Touch down in this small gastronomic paradise

Start this enchanting route by choosing where to sleep on the first night. In Horta de Sant Joan you have Hostal Casa Barceló. In Bot, you have the Cal Tomàs rural house and Càmping Terra Alta is also another interesting option. In Vilalba dels Arcs you can stay at the Hotel Restaurant Nou Moderno, or in Caseres at the Casa Rural La Posada.

### SATURDAY

#### Vineyards, almond trees and a historic olive tree

We'll start on Saturday in Horta de Sant Joan, with a visit to the Identitat Extra Virgin Olive olive grove. Here, you'll see a modern mill inside a 12th-century manor house, taste organic oils, visit century-old olive trees and even make your own oil. We'll continue with the Vinyes del Convent winery, in Arnes, where the Gil family, dedicated to the world of wine for over 250 years, cultivate up to five different types of Grenache. Don't leave Horta without visiting the spectacular Lo Parot, a thousand-year-old olive tree that still bears olives.

In Bot, we'll visit Sant Josep Vins, a cooperative where they grow vineyards, olive trees and almond trees and where you can taste their DO Te-

rra Alta wines and extra virgin olive oils. In Gandesa, you can have lunch at the Sibarites and El Bistrot restaurants, or if you're closer to Bot, try Braseria Laia. In the afternoon, we recommend taking a stroll through the Poble Vell de Corbera d'Ebre, a historical site of the Battle of the Ebro.

As well as Gandesa, we have the option of stopping off in Caseres and visiting the Biocaseres olive oil farm, where they organise different types of visits: from tours to discover an Iberian village and oil mill to visiting an old mill followed by an oil tasting.

### SUNDAY

#### Oils, wines and charming villages

In Vilalba dels Arcs, you can explore Celler Xavier Clua, a family winery, linked to the vineyard for four generations, which produces high-quality white and black Grenache wines that you can taste. We'll end the route in the beautiful and quiet town of Batea. Here, we'll visit Mas Beturià, where they produce Arbequina extra virgin olive oil, and the Celler La Botera wine project, which offers high-quality young and aged wines, as well as vermouth and sweet wines. In the same town, we recommend eating at the Miravall restaurant, where you can enjoy a hearty meal while discussing all of the experiences you've managed to squeeze into just one weekend.



LINK TO  
THE PLAYLIST  
FOR THIS ROUTE!



Exploring the landscapes of Terra Alta while tasting its wines and oils is an indescribable pleasure for the senses.





PLAN YOUR VISIT

ACTIVITIES

IDENTITAT EXTRA VIRGIN OLIVE OIL

📍 Horta de Sant Joan (Terra Alta)



- Workshop: make your own olive oil.
- Oil and *clotxa* tasting.
- Enjoy Olive Oil experience.

LES VINYES DEL CONVENT

📍 Horta de Sant Joan (Terra Alta)



- Visit to the vineyards and tasting.

SANT JOSEP VINS 📍 Bot (Terra Alta)



- Wine tasting.

BIOCASERES 📍 Caseres (Terra Alta)



- The harvest.



- Guided tour of the Iberian village and oil tasting.



- Guided tour of an old mill.

CELLER XAVIER CLUA

📍 Vilalba dels Arcs (Terra Alta)



- Comprehensive visit to the winery.

MAS BETURIÀ 📍 Batea (Terra Alta)



- Extra virgin olive oil tasting.

CELLER LA BOTERA 📍 Batea (Terra Alta)



- Breakfast among the vines.



- Tasting and visit to the winery.

DO TERRA ALTA

TERROIR	CHARACTERISTICS	ALTITUDE	VARIETIES PREDOMINANT
Production area located between the Ebro River and the border with Aragó. It includes the 12 municipal districts in the Terra Alta region.	The agricultural soil generally has medium textures. Their common denominators are that they are rich in limestone and poor in organic matter.	Between <b>350</b> and <b>550</b> metres.	White Grenache, black Grenache Grenache pelut, Macabeu and Samsó.

WHERE TO EAT?



TERRA ALTA

- **Restaurant Miravall** 📍 Batea
- **Braseria Laia** 📍 Bot
- **Sibarites** 📍 Gandesa
- **Restaurant El Bistrot** 📍 Gandesa
- **Restaurant Miralles** 📍 Horta de Sant Joan
- **Bar Restaurant Grau** 📍 Horta de Sant Joan
- **Can Parrado** 📍 Horta de Sant Joan
- **Restaurant Can Joan** 📍 Horta de Sant Joan
- **Hotel Restaurant Nou Moderno** 📍 Vilalba dels Arcs

WHERE TO SLEEP?



TERRA ALTA

- **Casa rural Cal Tomàs** 📍 Bot
- **Càmping Terra Alta** 📍 Bot
- **Ca l'Aurora** 📍 Bot
- **Casa Rural La Posada** 📍 Caseres
- **La Casa dels Abeuradors** 📍 Gandesa
- **Hostal Casa Barceló** 📍 Horta de Sant Joan
- **Hotel Restaurant Nou Moderno** 📍 Vilalba dels Arcs



Biocaseres



Celler Xavier Clua

THE MUSTS

■ Natural Landscapes and hiking

Terra Alta offers a wide variety of landscapes. The Els Ports Natural Park is a fantastic place for nature and hiking lovers. The Via Verda (Greenway) is also a highlight, ideal for families to explore on foot or by bicycle.

■ Top quality wines and oils

Visit one of the wineries on the DO Terra Alta Wine Route. The PDO Terra Alta Oil Route is also highly recommended.

■ Place of Artists

Outstanding painters such as Joan Miró, Pablo Picasso and Isidre Nonell passed through Horta de Sant Joan. The town celebrates this artistic heritage with museums and routes dedicated to these famous figures.

■ Sausages, casquetes and clotxes

The cuisine of Terra Alta is rich and varied. Its sausages and game dishes certainly stand out. You can also try the pastries or *casquetas*, filled with *cabell d'àngel* (jam made from Siam pumpkin), or sweets made with nuts. The *clotxa* is a typical peasant dish, a kind of sandwich made with marinated meat or herring, tomato and roasted garlic that farmers would take with them into the fields.

■ Historical memory

In this region, in Gandesa, you'll find the Museum of the Battle of the Ebro as well as several other spaces related to this major moment during the Civil War, such as the remains of trenches in the Cavalls and Pàndols mountains or the Poble Vell de Corbera d'Ebre.



## WINES, CHERRY TREES AND TRADITIONS: A JOURNEY THROUGH THE TERRES DE L'EBRE

A weekend to explore the regions of Baix Ebre and Ribera d'Ebre through their nature, gastronomy and tradition

Discover the wonders of the Terres de l'Ebre in an entertaining weekend that combines impressive landscapes, outdoor activities and a rich gastronomic offer. Let yourself be surprised by the charming villages, exquisite wines and authentic flavours that this region has to offer.

### FRIDAY

#### A warm welcome

Start your getaway with a cosy night at one of the charming accommodation options in the area. In Móra d'Ebre, you can choose between 7 de Ribera or Hostal Gastronòmic La Creu. If you'd rather stay in a rural house, Lo Racó de Cal Brisda, in Torre de l'Espanyol, or Casa Font, in Benissanet, await you with open arms.

### SATURDAY

#### Products of the earth

Start your Saturday at La Granja de Flix, a project dedicated to organic production, where you'll discover ancient varieties of fruit and vegetables. Then, head to Vinebre to visit the Molí de Rué, where you can taste their exquisite oil and drink their wines, including the traditional Vimblanc. In the town of Garcia, Restaurant Pas de l'Ase awaits you with a very tempting menu. You can also explore other options, such as the Sant Jordi de Rasquera bar-restaurant.

In the afternoon, become enchanted by Miravet, where you can visit the Hort de Maso cherry tree farm. Depending on the time of year, you can either take part in the harvest or simply enjoy the beautiful cherry blossoms. Don't forget to visit La Cistella de l'Ebre, where you can taste fresh fruit and wines from their own vineyards.

### SUNDAY

#### The most traditional nature

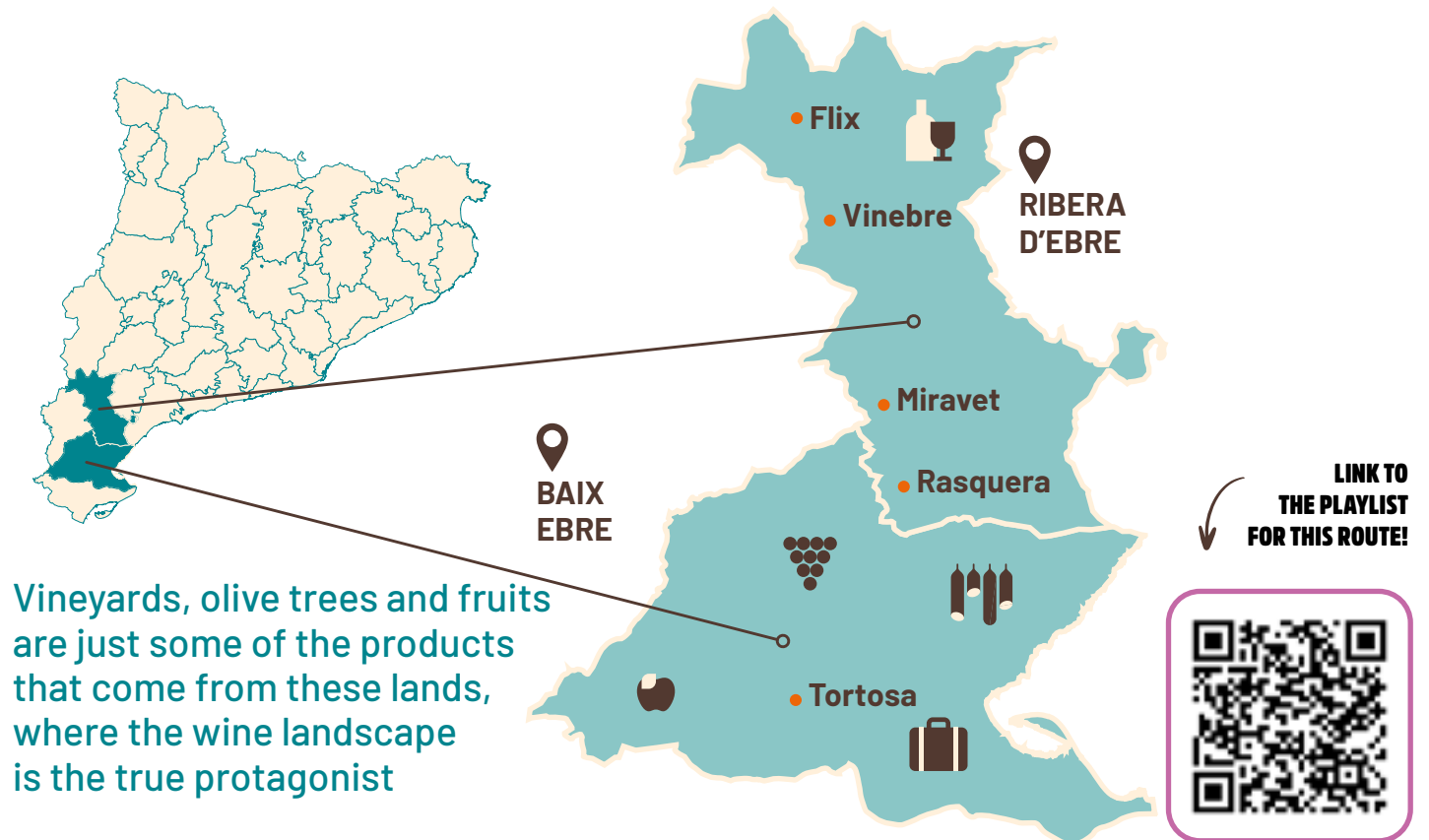
Start your Sunday with an energy-packed breakfast at your accommodation in preparation for your last day of exploration. If you're a nature lover, you simply must take a stroll through the Serra de Cardó, where the spectacular landscapes and tranquillity will take your breath away.

Then, head to the town of Benissanet, where you can visit its charming local market, full of artisanal products and regional delicacies. It's a perfect opportunity to take home a tasty souvenir from your getaway.

You have several options for lunch, such as Hostal Gastronòmic La Creu, in Móra d'Ebre, among others, where you can try typical dishes from the area.

Round off your weekend with a visit to the vineyards of Ribera d'Ebre, where you can also enjoy a tasting of local wines and learn about the wine-making process.

With a heart full of memories and a satisfied palate, you'll bid farewell to this wonderful region, with the promise of returning soon to discover the others treasures that Terres de l'Ebre has to offer.



Vineyards, olive trees and fruits are just some of the products that come from these lands, where the wine landscape is the true protagonist



Miravet





# PLAN YOUR VISIT

## ACTIVITIES

### LA GRANJA DE FLIX

📍 Flix (Ribera d'Ebre)



- Visit to the farm.

### MOLÍ DE RUÉ

📍 Vinebre (Ribera d'Ebre)



- Explore the winery with a wine and oil tasting.

### HORT DE MASO

📍 Miravet (Ribera d'Ebre)



- Cherry harvest and a clotxa breakfast among the cherry blossom trees.

### LA CISTELLA DE L'EBRE

📍 Miravet (Ribera d'Ebre)



- Visit the vineyards and taste their wines and products.

### FORMATGERIA LAURA

📍 Rasquera (Ribera d'Ebre)



- Cheese workshops.

### LICARFRUIT 📍 Tortosa (Baix Ebre)



- Visit to the orange, clementines and olive oil farm.

## WHERE TO EAT?



### RIBERA D'EBRE

- **Bar Restaurant Sant Jordi** 📍 Rasquera
- **Pas de l'ase** 📍 Garcia
- **Hostal Gastronòmic La Creu** 📍 Mora d'Ebre

## WHERE TO SLEEP?



### RIBERA D'EBRE

- **Cal Blanco Miravet** 📍 Miravet
- **Ca Manxol** 📍 Rasquera
- **Càmping i alberg Tivissa** 📍 Tivissa
- **Casa del Castell** 📍 Móra d'Ebre
- **Casa Font** 📍 Benissanet
- **Hort de Maso** 📍 Miravet
- **Hostal Fontdemora** 📍 Móra la Nova
- **Hostal Gastronòmic La Creu** 📍 Móra d'Ebre
- **Hotel Rural Mas de l'Illa** 📍 Tivissa
- **Lo Racó de Cal Brisda** 📍 La Torre de l'Espanyol
- **7 de Ribera** 📍 Móra d'Ebre

### BAIX EBRE

- **Antiga estació Benifallet** 📍 Benifallet
- **Ca les Barberes** 📍 Paüls
- **Casa Josep** 📍 Camarles
- **Caseta Morritos** 📍 Deltebre
- **Delta Hotel** 📍 Deltebre
- **Hotel Rull** 📍 Deltebre
- **La Marinada** 📍 Ametlla de Mar
- **La Remulla** 📍 Paüls
- **La Serreta** 📍 Paüls
- **Mas del Fangaro** 📍 Benifallet

## PDO OLI BAIX EBRE - MONTSIÀ

VARIETIES	APPEARANCE	FLAVOUR
MORRUDA, SEVILLENCA AND FARGA.	CLEAN, TRANSPARENT OILS, WITH NO COATINGS OR MISTINESS. THE COLOUR VARIES DEPENDING ON THE TIME OF HARVEST AND THE AREA: FROM YELLOW OR GREEN TO GOLD.	OILS THAT ARE TASTY AND VERY AROMATIC, WITH A FRUITY FLAVOUR AT THE BEGINNING OF THE SEASON AND WHICH GET SLIGHTLY SWEET OVER TIME.



## THE MUSTS

### ■ DO Tarragona Wine Route

If you're a wine lover, in the Ribera d'Ebre region you'll find quality wineries that are part of the DO Tarragona Wine Route.

### ■ The Delta de l'Ebre Natural Park

The Ebro River has shaped the personality of this entire territory. The Delta de l'Ebre is the largest wetland in Catalonia, with an area of 320 km2. The Natural Park is one of the most important aquatic habitats in the western Mediterranean. Here, there are lots of activities on offer such as boat trips to Miravet, hiring a sailboat or kayaking, among others.

### ■ Exceptional oil and mandarins

Extra virgin oil is produced in these regions in one of the oldest and most extensive olive growing areas in Catalonia. There are currently 11 production cooperatives under the PDO Oli del Baix Ebre i Montsià, which make some of the best oils you'll ever taste. Here, you can also taste delicious fruit, such as the PGI Clementines de les Terres de l'Ebre mandarins.

### ■ Villages and fruit trees

Don't forget to visit charming towns like Miravet or Tortosa and, if you come at the end of March, don't miss the experience of seeing the fields of fruit trees in full bloom with the La Ribera en Flor route.



## ALL THE COLOURS AND FLAVOURS OF THE EBRO DELTA, WITH YOUR FAMILY

A weekend spent between the sea and the mountains

The regions of Baix Ebre and Montsià, the southernmost in Catalonia, are home to a virgin landscape that combines the greens of rice, olive trees and carob trees with a horizon of sea, lagoons and the majestic Ebro River. This predominantly family-friendly weekend route, with tailor-made proposals for young and old, aims to showcase the activities of the Terres de l'Ebre, declared a Biosphere Reserve in 2013.

### FRIDAY

#### Sleep surrounded by nature

Your first point of contact will be spending a night in rural accommodation surrounded by olive trees or rice fields. In Deltebre, you can choose between the Alga del Delta gastronomic hotel or the rural accommodation Casa L'Espiga. Casa Josep, in Lligallo del Gànguila, Camarles, is another option for rural accommodation. In Montsià, you can stay in Masdenverge, at the Can Torres rural house. And finally, in La Ràpita, you'll find the family hotel Llansola 1921.

### SATURDAY

#### The town of oil and honey

We'll start our Saturday in the peaceful Vall de Burgà, between Perelló and Rasquera. At Ca Manxol, a 22-hectare farm, you can enjoy strolling through the vineyards, olive trees and fruit trees, and taste the wines and oil they produce.

In Perelló itself, we'll visit Sidialda Natura. This farm is dedicated to agritourism and invites you to take part in the tasks involved in tending to the vegetable garden and looking after the animals, which include lambs, donkeys and chickens.

Just 9 km away, you'll find the Molí d'Oli Rafeló, an oil mill where you can make your own extra virgin olive oil, the fruit of its century-old olive trees. The grounds are located within the Biosphere Reserve and the mill dates from 1879.

For lunch, why not head for the coast, in l'Ampolla you'll find the La Barraca and Goleró restaurants. In the old part of Delta, in Deltebre, you'll find the restaurants Deltaic, Mas de Prades and Rull.

In the afternoon, we'll do one last visit, also in Perelló: the Muria Apiarian Interpretation Centre. Here, you'll get an in-depth insight into the beekeeping profession and what a beekeeping farm is actually like.

### SUNDAY

#### Experiences among olive trees and rice fields

As we continue south, we'll spend our Sunday at the farms in the Montsià region.

In Amposta, the Molí de lo Nostre Arròs awaits us, a rice farm run by four generations. Here, you can learn about this craft and the most authentic product of the Delta. In Galera, you can visit the Molí de la Creu, which is part of the Millenary Olive Trees of the Sénia Territory route.

Here, they cultivate different, peculiar, local varieties, such as Morruda, Farga, Sevil·lenca and Marfil. It's also renowned for its Vilar Mil·lenari oil, the first Millenary Olive Oil in Catalonia. It still has its old machinery and, in the season, you can sign up to take part in the olive harvest and overlook the whole process behind making extra virgin olive oils. For lunch, you'll find the proposals at



Arrosars al Delta de l'Ebre

L'Antic Molí, in Uldecona, irresistible, an establishment which has a Michelin star. In La Ràpita, you'll find good fish dishes at Tamashi Restaurant and the Can Batiste restaurant.

The route comes to an end in Alcanar, where you can enjoy restaurants such as Tenis Serramar and the one at Càmping Alfacs.

Between May and June, the Rice Planting Festival takes place in the Delta. In September, it's the turn of the Harvest Festival, where you can see the traditional way of harvesting the grains with the typical carts.



LINK TO  
THE PLAYLIST  
FOR THIS ROUTE!





# PLAN YOUR VISIT

## ACTIVITIES

### MAS DE MANXOL

📍 Rasquera (Baix Ebre)



■ Visit to the vineyards and century-old olive groves, tasting of wines and oils from Celler Mas de Manxol.

### LO NOSTRE ARRÒS

📍 Amposta (Montsià)



■ Visit to the Natural Museum of the Millenary Olive Trees of Arión, visit to the mill and oil tasting.



■ Make your own oil.

### MOLÍ DE LA CREU

📍 La Galera (Montsià)



■ Make characteristic and exceptional oils from local varieties.

### SIDIALDA NATURA

📍 El Perelló (Baix Ebre)



■ Visit the livestock and play traditional games.

### MURIA APIARIAN INTERPRETATION CENTRE

📍 El Perelló (Baix Ebre)



■ You'll discover beehives, melliferous flowers and also get a first-hand look at the beekeeping profession.

### MOLÍ D'OLI RAFELÓ

📍 El Perelló (Baix Ebre)



■ Visit to the mill and oil tasting.

## WHERE TO EAT?



### BAIX EBRE

- **Restaurant La Barraca** 📍 L'Ampolla
- **Restaurant Lo Goleró** 📍 L'Ampolla
- **Deltaic** 📍 Deltebre
- **Restaurant Rull** 📍 Deltebre
- **Mas de Prades** 📍 Deltebre

### MONTSIÀ

- **L'Antic Moli** 📍 Ulldecona
- **Can Batiste** 📍 La Ràpita
- **Tamashi** 📍 La Ràpita
- **Tenis Serramar** 📍 Alcanar
- **Restaurant Càmping Alfacs** 📍 Alcanar



Muscleres. Descobrir Catalunya



## WHERE TO SLEEP?



### BAIX EBRE

- **Mas del Fangaro** 📍 Benifallet
- **Casa Josep** 📍 Camarles
- **Casa l'Espiga** 📍 Deltebre
- **Caseta Morritos** 📍 Deltebre
- **La Marinada** 📍 L'Ametlla de Mar
- **Ca les Barberes** 📍 Paüls
- **La Remulla** 📍 Paüls

### MONTSIÀ

- **Llansola 1921** 📍 La Ràpita
- **Can Torres** 📍 Masdenverge
- **Hotel Algadir del Delta** 📍 El Poble Nou del Delta

## PDO ARRÒS DEL DELTA DE L'EBRE (RICE)

PRODUCTION	SURFACE	8 VARIETIES
<b>130</b> MILLIONS OF KG/YEAR	<b>22,000</b> HECTARES (65% OF THE DELTA)	BAHIA, TEBRE, FONSA, GLEVA, MONTSIANELL, BOMBA, GUARÀ AND OLESA

## THE MUSTS

### ■ Ametlla de Mar coves route

Take a walk along the coastal path that connects Ametlla de Mar with Ampolla and also runs along the GR-92 trail. It's an ideal itinerary for the whole family.

### ■ Tortosa, City with Character

With its 2,000 years of history, its old town speaks of bygone eras. The Iberians chose it and gave their name to the Ebro River (Iber) and the whole peninsula. The Romans, Muslims, Jews and Christians also left their legacy here: a walk along the walls, the La Suda Castle, the Cathedral of Santa Maria and the elegant modernist buildings are all essential visits.

### ■ The mussel beds. A unique experience in Fangar Bay

In the town of La Ràpita, you can set sail from the port to the cliffs of Alfacs Bay. This experience will teach you about this fishing activity and you'll also get a closer look at the very end of La Banya and the salt flats of La Trinitat. It's a different way to get to know the Ebro Delta Natural Park, a Biosphere nature reserve, where you can also enjoy many other activities.

### ■ Millenary Olive Trees of the Sénia route

In this territory, you'll find the largest concentration of ancient olive trees in the world, with 6,358 inventoried specimens. The exquisite PDO Baix Ebre - Montsià oil is also produced here.



## OLIVE OIL TOURISM AND MUCH MORE IN LES GARRIGUES AND SEGRIÀ

Discover the secrets hidden around the city of Lleida

On this route through the regions of Segrià and Les Garrigues, you'll get the chance to stroll through beautiful landscapes full of olive trees and fields of cereals and fruit trees that so characterise the Horta de Lleida, discovering a wide variety of agricultural and livestock projects. You'll learn all the secrets of the olive trees and get to taste extra virgin olive oils. And if photography and hiking are your thing, you'll find plenty of reasons to follow one of the routes promoted by the tourist information offices.

### FRIDAY

#### We begin our route in Les Garrigues

Here, you have several cosy places to spend the night, such as Castell de La Floresta, in La Floresta, or Cal Jordi, in Fullella.

### SATURDAY

#### Oil, dry stone and coloured eggs

In the town of Arbeca, known as the birthplace of the Arbequina olive, we'll visit the Cooperativa d'Arbeca, one of the oldest and most recognised cooperatives. Here, you'll see the old presses and the farm shop, located in a modernist building by the architect Cèsar Martinell, one of Gaudí's disciples.

In Albi, we find Granja Jumarol, a livestock farm that specialises in coloured eggs! You'll get the chance to see award-winning breeds of chicken and bottle-feed the lambs. You can enjoy a good meal at the Ca La Margarida restaurant in Albi, Els Fogons de la Carme in Cervià de Les Garrigues or Hostal Benet in Les Borges Blanques.

In the afternoon, head to Molí dels Torms - Olicatessen, a project in the heart of Les Garrigues that produces organic extra virgin olive oil. Here, you can take part in workshops, take a stroll between dry stone walls and taste one-of-a-kind oils. If you

have time, pay a visit to Oli Cometes, where they organise activities and different types of visits, or Celler Mas Blanch i Jové, on the Lleida Wine Route, where they make DO Costers del Segre wines and oil, and are known for their Vinya dels Artistes.

### SUNDAY

#### Discovering the secrets of Segrià

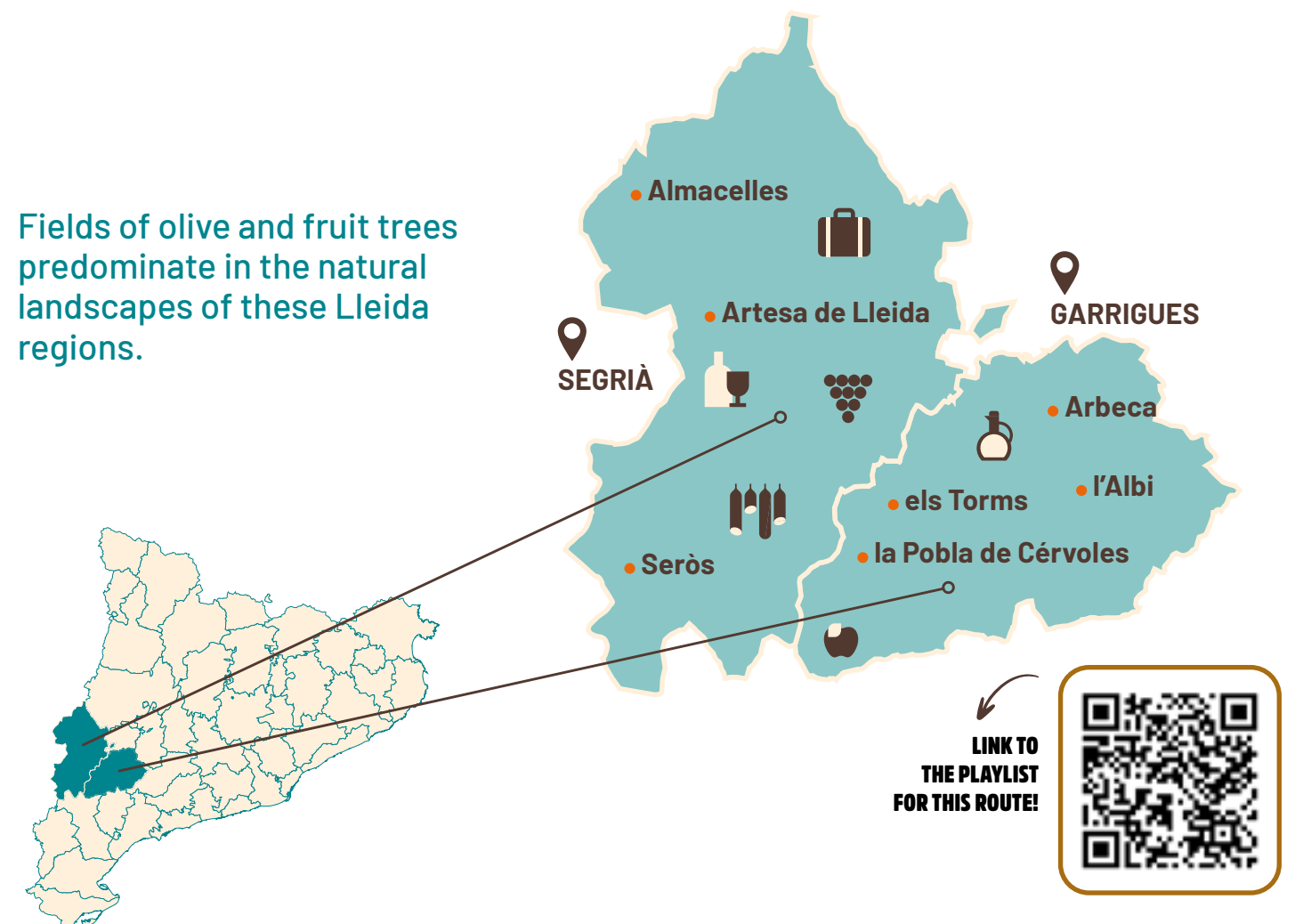
If you're visiting the area during the olive harvest, from October to December, don't miss the Aresté i Teixidó Oil Mill in Seròs, where you can see the mill in full operation. Outside of the season, you can take an equally interesting virtual tour.

Next, we'll explore the Horta de Lleida with the Granja Pifarré, where you'll have an authentic agricultural experience and discover the rich history of this area. You'll be able to see up to 11 different breeds of cows and several fruit fields.

We'll round off the day in Almacelles, visiting Cervesa Lo Vilot, a brewery that produces 100% organic beer. You'll learn about the whole beer creation process and can also enjoy a delicious tasting of craft beers paired with local products. In Almacelles, why not have lunch at Zero 39 Gastro Bar or, if you go to Gimènells, Almenar, Seròs or Lleida city there are other equally good options.



Fields of olive and fruit trees predominate in the natural landscapes of these Lleida regions.





PLAN YOUR VISIT

ACTIVITIES

COOPERATIVA D'ARBECA

- 📍 Arbeca (Les Garrigues)
- 👥🍷
- Tours based around oil: guided tour of the old mill and presses, and tasting of premium oils.

MAS BLANCH I JOVÉ

- 📍 La Pobla de Cérvoles (Les Garrigues)
- 🍷🏛️
- Walk through La Vinya dels Artistes (the Artists' Vineyard) (with sculptures and art installations) and wine tasting.
  - Guided tour of the winery (with sculptures and art installations) and wine tasting.

GRANJA JUMAROL 📍 L'Albi (Les Garrigues)

- 👥🍷
- Fill your basket with colourful eggs and feed the lambs on the farm.

GRANJA ESCOLA LA MANREANA

- 📍 Juneda (Les Garrigues)
- 👥🍷
- Farm visits with workshops and activities.
  - Visits to the Vimferri Nature and Fauna Centre.

MOLÍ DELS TORMS

- 📍 Els Torms (Les Garrigues)
- 👥
- What a story!
- 👥🍷
- Oil in a lamp!
- 👥🍷
- Tasting among olive trees.
- 👥🍷
- Table olives workshop.

OLI COMETES

- 📍 La Pobla de Cérvoles (Les Garrigues)
- 👥🍷🍷
- Harvesting experience.
- 👥🍷
- Breakfast among olive trees.
  - Standard visit with vermouth.
  - Standard visit.

MOLI D'OLI ARESTÉ I TEIXIDO

- 📍 Seròs (Segrià)
- 👥🍷
- Visit to the facilities.

GRANJA PIFARRÉ

- 📍 Artesa de Lleida (Segrià)
- 👥🍷
- Get to know the Horta de Lleida.

CERVESA LO VILOT

- 📍 Almacelles (Segrià)
- 🍷
- Cooking workshop with beer.

WHERE TO SLEEP?

LES GARRIGUES

- **Hostal la Placeta** 📍 Arbeca
- **Restaurant Hostal Benet** 📍 Borges Blanques
- **Ca L'Esquerré** 📍 Cervià de les Garrigues
- **Cal Marquès** 📍 Cervià de les Garrigues
- **Castell de la Floresta** 📍 La Floresta
- **Cal Jordi** 📍 Fullea
- **Alberg Garrigues Altes** 📍 La Granadella
- **Cal Minguet** 📍 Juncosa
- **La Manreana** 📍 Juneda 👥
- **Can Vinyals 1979** 📍 La Pobla de Cérvoles
- **Casa Emma** 📍 El Vilosell
- **Cal Santos Casa Rural** 📍 Vinaixa

WHERE TO EAT?



LES GARRIGUES

- **Restaurant Ca la Margarida** 📍 Albi
- **Nano's Bar** 📍 Arbeca
- **Hostal la Placeta** 📍 Arbeca
- **Café Terrall Restaurant** 📍 Borges Blanques
- **Restaurant Hostal Benet** 📍 Borges Blanques
- **Els Fogons de la Carme** 📍 Cervià de les Garrigues
- **Casal Juncosa** 📍 Juncosa

SEGRIÀ

- **Bar els Tabolls** 📍 Aitona
- **Zero 39 Gastro Bar** 📍 Almacelles
- **Cal Ponto al Natural** 📍 Almenar
- **Restaurant Ideal** 📍 Almenar
- **Restaurant Mas Gabriel** 📍 Almenar
- **Utopik Gastrobar** 📍 Lleida
- **Restaurant Malena** 📍 Gimènells i el Pla de la Font
- **Restaurant La Fonda (Ca l'asturià)** 📍 Seròs
- **Bar-Restaurant La Disco** 📍 Seròs



Cervesa Lo Vilot

THE ARBEQUINA OLIVE

HISTORY	ETYMOLOGY	EXTENSION	CHARACTERISTICS
IT'S BELIEVED TO HAVE BEEN BROUGHT FROM PALESTINE FOR THE DUCHESS OF CARDONA IN THE 17TH CENTURY.	THE FIRST PLACE IT WAS PLANTED WAS IN THE ARBECA AREA, HENCE ITS NAME.	IT'S THE MOST CULTIVATED VARIETY IN CATALONIA.	GOLDEN GREEN IN COLOUR WITH A TASTE THAT'S A LITTLE SPICY AND BITTER, WITH FRUITY NOTES.

THE MUSTS

- **Lleida city**  
In the capital of the region you'll find historical monuments such as Seu Vella, an impressive 13th-century cathedral. You can also visit the Castell del Rei - La Suda and several museums, such as the Lleida Museum, which showcases the history and culture of the region.
- **Oil tourism**  
The Oleoturisme de Lleida initiative offers various experiences and oil tourism activities in the Terres de Lleida. Get to know the PDO Les Garrigues and the Verge Extra restaurants, as well as the Catalan Oil Culture Centre, in Granadella, which offers experiences to promote extra virgin olive oil and the oil culture.
- **Flowering of the fruit trees**  
Between the end of winter and the beginning of spring, don't miss the flowering season of fruit and almond trees. Initiatives such as Fruiturisme, Terra de Floració or Arbeca en flor are ideal if you're looking for a unique experience.
- **Horta de Lleida**  
This agricultural area is known for its fresh produce, such as fruit and vegetables. It's an excellent place for visiting farms and experiencing farm life, as well as tasting local products.
- **Wine tourism**  
As well as oil, Segrià and Les Garrigues have wineries that produce top quality wines, among which those from the DO Costers del Segre stand out. By following the Lleida Wine Route you can take tours and enjoy wine tastings, discovering the viticulture in the area.



## NOGUERA AND SEGRÌÀ: NATURE, GASTRONOMY AND TRADITIONS

Delicious proposals in the heart of the Terres de Lleida

Get ready to discover a land rich in contrasts, where fields of fruit intertwine with organic vineyards, free-range herds and a cultural heritage that's truly bursting with life. From idyllic landscapes to authentic gastronomic experiences, this getaway promises to delight foodies, wine lovers, families, fans of nature and heritage enthusiasts. Welcome to a journey that combines the best flavours, livestock traditions and also boasts an impressive biodiversity.

### FRIDAY

#### Stay in the middle of nature

Start Friday evening by relaxing at the cosy Hotel Rural Ca L'Agustina, in Preixens. Other options include the rural tourism establishment of Casa David, in Les Avellanes i Santa Linya, or Càmping Resort La Noguera.

### SATURDAY

#### Landscapes, vineyards and fruit trees

Start the day to the north of Segrià, in Alfarràs, by immersing yourself in Celler La Gravera, which features in the DO Costers del Segre and the Lleida Wine Route. You'll discover an innovative project dedicated to organic and biodynamic wines, which offers a complete wine tourism experience: walks among centuries-old vineyards, exclusive tastings and, for the most adventurous, unique options such as balloon rides or electric bike routes.

To round off the morning, visit Pla Oví, a livestock farm in Algerri where sheep graze in protected areas. Accompany the herd as it moves between the mountains and plains, and enjoy a tasting of fresh products, all surrounded by a truly authentic landscape.

For lunch, enjoy a gastronomic experience at L'Hostal Montsec, in Vilanova de Meià, or at the Restaurant Cal Xirricló, in Alòs de Balaguer, among others.

In the afternoon, we recommend exploring the natural and cultural nooks and crannies of Noguera. In Algerri, discover the Trullets, ancient grape cisterns dug into the rock, or escape to the natural spaces of the Serra Llarga i els Secans. For the more active among you, the hiking routes to the Camarasa reservoir or through the Mont-roig mountain range offer spectacular views.

If you prefer cultural experiences, go for a stroll through Balaguer, with its medieval centre and Santuari del Sant Crist, or visit the Monastery of Les Avellanes. To end your day, Penelles, the "town of murals", will be an artistic stop-off full of colour.

### SUNDAY

#### Wines and culture

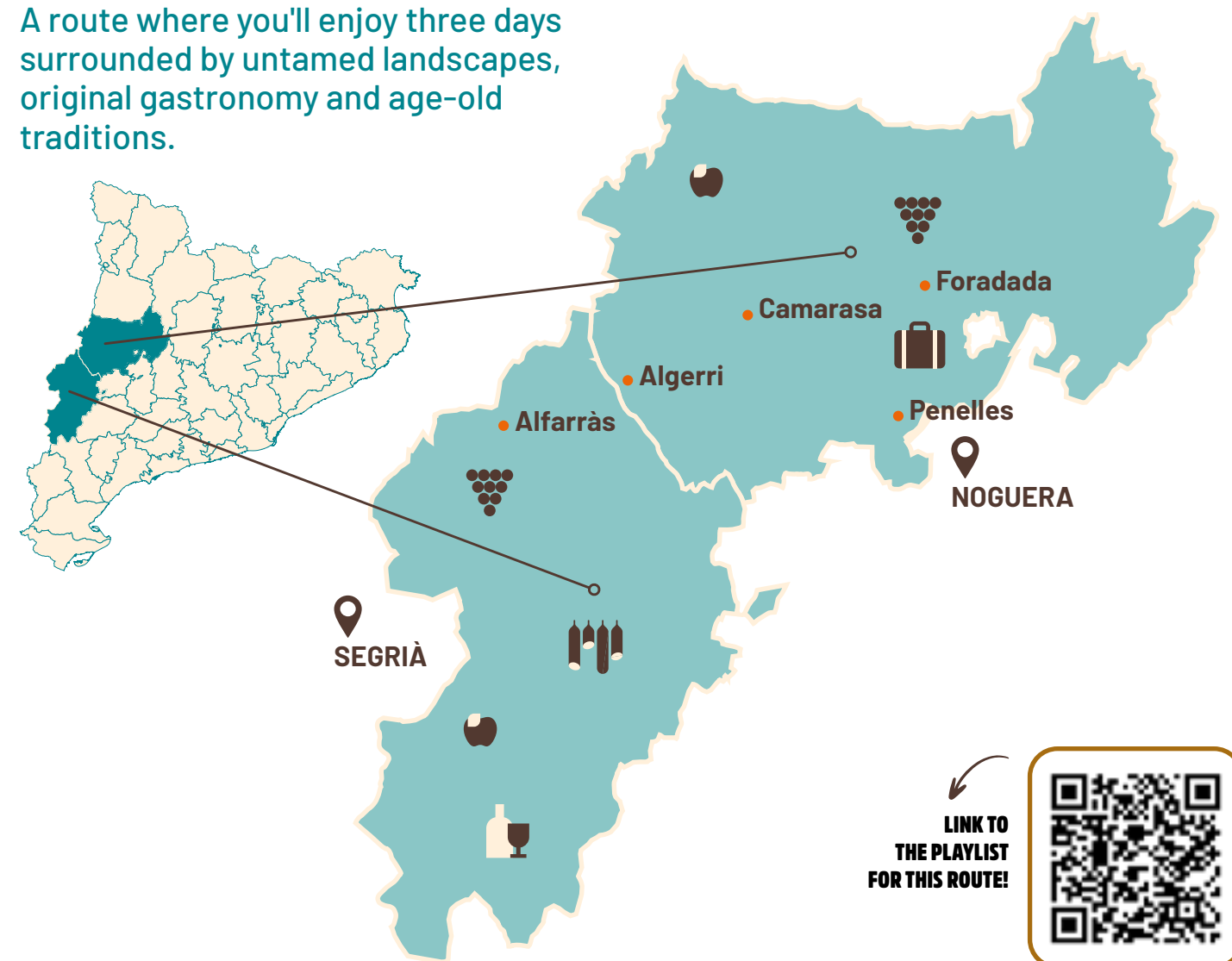
On Sunday, remain in Penelles, where Remei Castle awaits you, a construction included in the Inventory of Architectural Heritage of Catalonia. As well as exploring the winery and tasting top-quality wines, you can visit the Lucilla Atilia exhibition hall; El Santuari, work of architect Antoni Fisas Planas and which contains murals by Josep Obiols Palau; and stroll around the castle grounds.

In the afternoon, head for Foradada to visit Celler Rubió de Sòls. In the middle of the Vall del Montsec, organic wines are produced with care and respect for the territory. Judit will guide you through the historic vineyards and the winery, with a wine tasting surrounded by nature and heritage.



Balaguer

A route where you'll enjoy three days surrounded by untamed landscapes, original gastronomy and age-old traditions.



LINK TO  
THE PLAYLIST  
FOR THIS ROUTE!





# PLAN YOUR VISIT

## ACTIVITIES

### CELLER LAGRAVERA 📍 Alfarràs (Segrià)

- 🍷 Visit to the winery and vineyards followed by a tasting of 4 wines.
- 🍷 Visit to the winery and vineyards followed by a tasting of 6 wines.
- 🍷 Visit to the winery and vineyards, wine tasting with ancestral varieties.

### CIRERES DE CORBINS CAMATS CARPI

#### 📍 Corbins (Segrià)

- 👨👩👦 Visit the cherry blossom trees in full bloom.
- 🧘 Yoga class in the countryside.
- 👨👩👦 Children's activity "Fem d'Exploradors" (Let's be Explorers).
- 🍷 Demonstration and product tasting.

### REMEI CASTLE 📍 Penelles (Noguera)

- 🍷 Visit to the winery and wine tasting.
- 🏛️ Visit to the exhibition hall.
- 🏛️ Visit to the sanctuary of Remei Castle.
- 🌳 Tour of the castle's exterior.

### CELLER RUBIÓ DE SÒLS 📍 Foradada (Noguera)

- 🍷 Walk through the vineyards, visit to the winery and wine tasting.

### OLI CASTELLÓ 📍 Castelló de Farfanya (Noguera)

- 🍷 Visit to the mill and oil tasting.

### PLA OVÍ 📍 Algerri (Noguera)

- 👨👩👦 A morning with the grazing herds and product tasting.



La Gravera

## WHERE TO EAT?



### SEGRÀ

- **Restaurant Malena** 📍 Gimenells i el Pla de la Font
- **Cal Ponto al Natural** 📍 Almenar
- **Restaurant Ideal** 📍 Almenar
- **Restaurant Mas Gabriel** 📍 Almenar
- **Zero 39 Gastro Bar** 📍 Almacelles

### NOGUERA

- **Hostal Montsec** 📍 Vilanova de Meià
- **Restaurant Cal Xirricló** 📍 Alòs de Balaguer
- **Restaurant El Dien** 📍 Vallfogona de Balaguer
- **Restaurant La Llosa Cubells** 📍 Cubells
- **Lo Ponts** 📍 Ponts

## WHERE TO SLEEP?



### NOGUERA

- **Casa David. Turisme rural** 📍 Les Avellanes i Santa Linya
- **Camping La Noguera** 📍 Camarasa
- **Hotel Rural Ca l'Agustina** 📍 Preixens

## THE MUSTS

- **The spectacular landscapes of Montsec**  
Discover the natural beauty of the Montsec mountain range, with protected areas, hiking trails and the chance to spot birds of prey flying free. This space has been declared a Starlight Reserve and a visit to the Montsec Astronomical Park is highly recommended, a centre for science research, training and dissemination, focusing on astronomy, in Àger.
- **Lleida Wine Route**  
Enjoy a route that includes wineries, restaurants, accommodation, wine bars and cultural activities. Get the chance to visit wineries that combine history and innovation, with centuries-old vineyards and tastings of unique wines in a privileged environment, under the DO Costers del Segre.
- **Sweet fruit and sustainable agriculture**  
Explore organic fields of fruit where you can pick and taste seasonal produce while learning about local biodiversity. At the end of winter and the beginning of spring, don't miss the fruit trees in bloom.
- **Traditional grazing**  
Accompany herds through protected natural spaces and discover how authentic, high-quality products are made with respect for the territory.

## DO COSTERS DEL SEGRE

VARIETIES	PRODUCTION	ENVIRONMENT
16 WHITE GRAPES	250 TYPES OF WINE	4,000 HECTARES OF VINEYARDS DISTRIBUTED BETWEEN ARTESA DE SEGRE, GARRIGUES, PALLARS JUSSÀ, RAIMAT, SEGRÀ, URGELL AND VALLS DEL RIU CORB.
13 BLACK GRAPES	MADE IN 36 WINERIES.	





## THE ESSENCE OF URGELL, SEGARRA AND SOLSONÈS

Local varieties to delight any palate

The Terres de Lleida offer you an incredible route that combines unique dry landscapes with breathtaking panoramic views, tradition and local gastronomy, perfect for active families and fans of good food. Exploring the counties of Urgell, Segarra, Solsonès, Pla d'Urgell and Noguera, you'll discover authentic landscapes, taste products made with love and learn about the culture and history that permeate this territory.

### FRIDAY

#### Accommodation for a restful break

Relax in charming rural accommodation such as Turisme Rural Cal Miramunt, in Solsonès, Ca l'Agustina, in Noguera, or the historic L'Antiga in Urgell. Other inviting accommodation options include Casa Olivé, in Pla d'Urgell, or Ca la Bet, in Urgell. What's more, there's nothing better than a local dinner to start your adventure.

### SATURDAY

#### Gastronomy and tradition

In the morning, our route begins at Ametlles Masia Sinyó, in Tornabous, where you'll discover the secrets of sweet almonds with a creative almond milk workshop. The immersive visit to Mas de Colom, in Tàrraga, where you can taste top quality oil and nuts, is also highly recommended. After this experience, have lunch at restaurants like El Truc, in Agramunt, or La Cava de Tàrraga, where you'll be served traditional dishes with a modern touch.

In the afternoon, we recommend visiting the Parc de les Olors de Claret, a magical, aromatic country estate where one-of-a-kind tastings, snacks made with local products and workshops related to aromatic herbs await you.

### SUNDAY

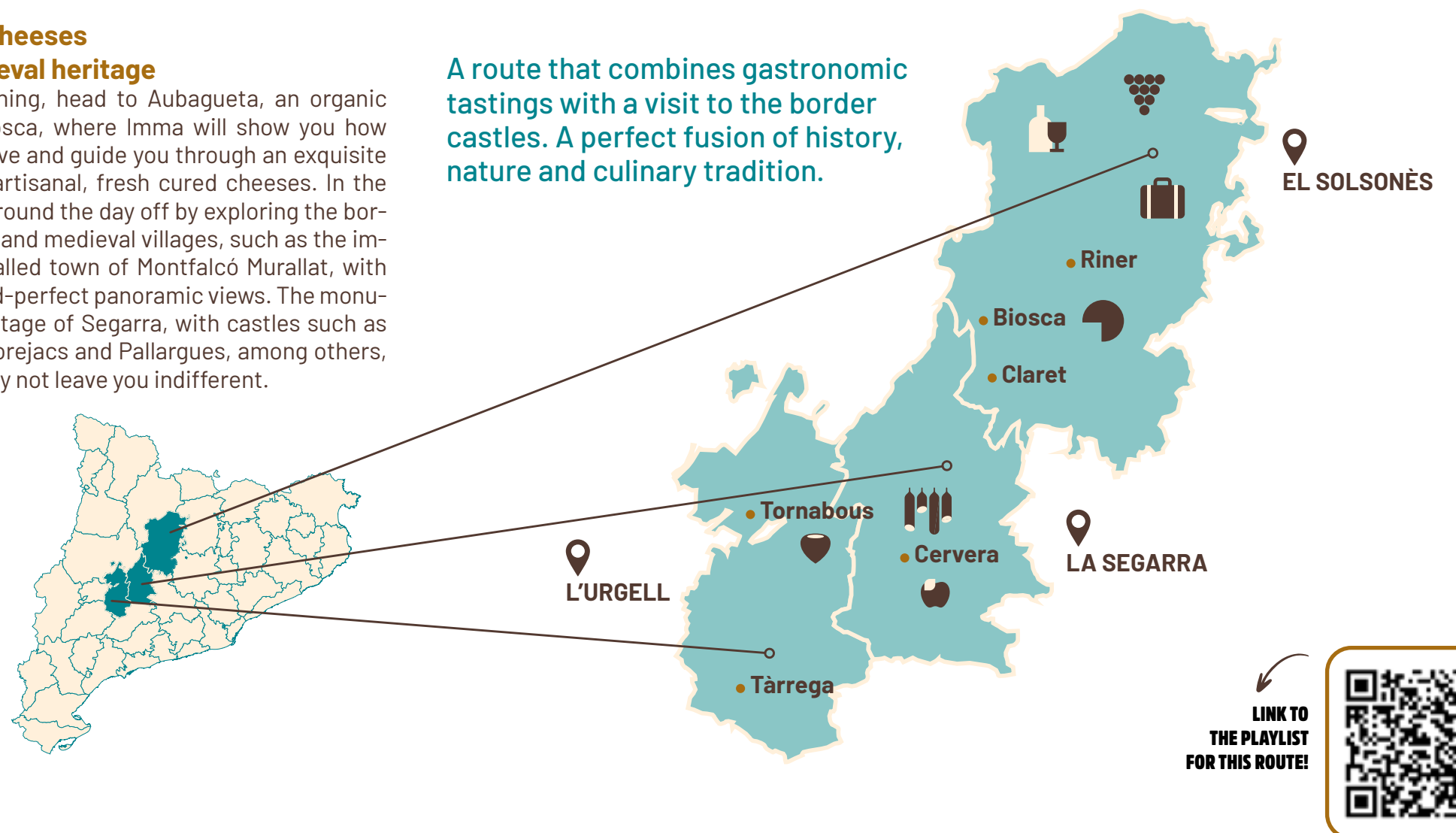
#### Organic cheeses and medieval heritage

In the morning, head to Aubagueta, an organic farm in Biosca, where Imma will show you how the goats live and guide you through an exquisite tasting of artisanal, fresh cured cheeses. In the afternoon, round the day off by exploring the border castles and medieval villages, such as the impressive walled town of Montfalcó Murallat, with its postcard-perfect panoramic views. The monumental heritage of Segarra, with castles such as those of Florejacs and Pallargues, among others, will certainly not leave you indifferent.



Montfalcó Murallat

A route that combines gastronomic tastings with a visit to the border castles. A perfect fusion of history, nature and culinary tradition.





# PLAN YOUR VISIT

## ACTIVITIES

### MAS DE COLOM (BORGES GROUP)

📍 Tàrrrega (Urgell)



- Immersive visit and oil and nut tasting.

### AMETLLES MASIA SINYÓ

📍 Tornabous (Urgell)



- Walk among almond trees.



- Almond milk making workshop.

### PLANTES AROMÀTIQUES DE LA SEGARRA

📍 Sant Miquel de Tudela (Segarra)



- Family cooking workshop.



- Aromatic herbs workshop.



- Family almond harvesting.



- Family olive harvesting.



- Nature observation.

### PARC DE LES OLORS DE CLARET

📍 Claret (Solsonès)



- Visit and product tasting.



- Aromatic herbs workshops.



- 4x4 route.

### FORMATGES ECOLÒGICS AUBAGUETA

📍 Biosca (Solsonès)



- Farm visit and cheese tasting.

### CELLER DEL SANTUARI DEL MIRACLE



- Visit to the winery and vineyards followed by wine tasting.



- Visit to the winery and vineyards, wine tasting and pairing.



- Visit to the vineyards and winery with explanations and tasting of experimental wines.

## WHERE TO EAT?



### URGELL

- **El Truc** 📍 Agramunt
- **El Cau de Guimerà** 📍 Guimerà
- **La Cava** 📍 Tàrrrega
- **Niam** 📍 Tàrrrega
- **Cal Menut** 📍 Belianes

### SOLSONÈS

- **Hostal de Pinós** 📍 Pinós

### NOGUERA

- **Lo Ponts** 📍 Ponts

## BORDER CASTLES IN SEGARRA

**CONCABELLA CASTLE**  
Sió Castles Interpretation Centre.

**FLOREJACS CASTLE**  
Over 1,000 years of history.  
Located on an old defensive tower.

**PALLARGUES CASTLE**  
Has original Gothic structures.

**LES SITGES CASTLE**  
Strategic location on the Sió River.

**MONTFALCÓ MURALLAT CASTLE**  
A unique example of a fully walled village in Catalonia.

**VICFRED CASTLE**  
Serves both defensive and residential functions.

**RATERA CASTLE**  
Strategic defence tower.

**ARANYÓ CASTLE**  
Emblematic castle of the area.

## THE MUSTS

### ■ A range of exclusive products

PDO Les Garrigues olive oil; Torró d'Agramunt PGI (nougat); DO Pera de Lleida (pears), Pa de Pagès Català PGI (rustic bread), as well as top-quality sweet fruit (apples, pears, peaches) and nuts (almonds, walnuts) make up the select and wide group of foods that you simply must try in these regions.

### ■ Routes for the most discerning palates

Explore the Ruta gastronòmica de l'Urgell (Gastronomic route of Urgell) and the Ruta del vi de Lleida (Lleida Wine Route). Both routes will give you the chance to taste the best typical dishes from the area, made with zero-kilometre products.

### ■ Nature and sustainability

Discover unique experiences such as the Parc de les Olors de Claret, with aromatic plants, natural cosmetics, an organic vegetable garden and even chickens and sheep, all explained by local experts. You can even take part in activities like picking vegetables or learning how to grow aromatic herbs in a unique rural setting.

### ■ Route of the Castles of the Sió

Stroll through medieval towns like Montfalcó Murallat, completely walled, or explore the border castles, such as those of Florejacs or Pallargues. For a comprehensive castle visit experience, follow the Route of the Castles of the Sió.

### ■ Accommodation with charm

Enjoy a stay in rural houses and authentic accommodation such as Cal Miramunt or Ca l'Agustina, among others. All of them combine tranquillity with local gastronomy. They're ideal for active travellers and those looking for a mix of cultural adventure and connection with local flavours.

## WHERE TO SLEEP?



### URGELL

- **Iberik Rocallaura Balneari**  
📍 Vallbona de les Monges
- **Pati de cal Espardenyer**  
📍 Vallbona de les Monges
- **L'Antiga. Habitatge turístic** 📍 Tàrrrega
- **Ca la Bet** 📍 Claravalls

### PLA D'URGELL

- **Casa Olivé** 📍 Castellnou de Seana
- **Teuleria de Linyola** 📍 Linyola

### SOLSONÈS

- **Cal Miramunt** 📍 Claret

### NOGUERA

- **Hotel rural Ca l'Agustina** 📍 Preixens
- **Càmping La Noguera** 📍 Camarasa 🏠



## THE PYRENEES, A WHOLE HOST OF LANDSCAPES, HERITAGE AND GASTRONOMY

A route for discovering the best of Pyrenean life through Alta Ribagorça, Pallars Jussà and Alt Urgell

We present a route through the Pyrenees that crosses the diverse scenery of the Catalan mountains, from its peaks and steep slopes to its Mediterranean landscapes blanketed in olive trees, vineyards and cereals. There are two route options to choose from, both through regions that will not leave you indifferent.

### OPTION A (Alta Ribagorça)

#### FRIDAY

##### A refuge from the cold

Our getaway begins in Alta Ribagorça, a territory that will show you its warmth right from the get-go. Start the weekend by staying in welcoming establishments like the Hotel Farré d'Avall in Barruera, or Casa Calvera, in Vilaller.

#### SATURDAY

##### Discovering culture and tradition

After a high-energy breakfast, you'll head off to Pont de Suert. Our first stop will be the Centre de Fauna, where you'll find out about the incredible lives of the creatures that inhabit the rivers in the region. When you're done, get ready for an exciting family game! With the help of the witches of Carantos, you'll discover the heritage and customs of Alta Ribagorça. Afterwards, you can enjoy a delicious meal at the El Ventador restaurant, located in Barruera, or at Edelweis, in Pont de Suert itself.

#### SUNDAY

##### The Vall de Boí, never-ending beauty

You simply cannot leave Alta Ribagorça without visiting one of its most iconic and representative places, the Vall de Boí, a fascinating natural setting where you'll also find the most emblematic Romanesque church in Catalonia, Sant Climent de Taüll.

In Barruera, you can also visit Casa Fardaball, a family project dedicated to raising cows and calves from the Pyrenees, where you can see the hard work that goes into high mountain livestock farming. For lunch, head to Ca de Xoquin restaurant, simple in appearance but with traditional, quality cuisine, which is sourced from local products.

### OPTION B

#### (Alt Urgell and Pallars Jussà)

#### FRIDAY

##### A captivating first contact

If you prefer, you can also start this getaway from Alt Urgell, a region where you'll find cosy establishments suitable for the whole family. In Peramola, there's the family apartment Ca la Carme, while in Guàrdia de Noguera you'll find Casa Perdiu, rural accommodation in the middle of the Montsec mountain range.

#### SATURDAY

##### A plural territory

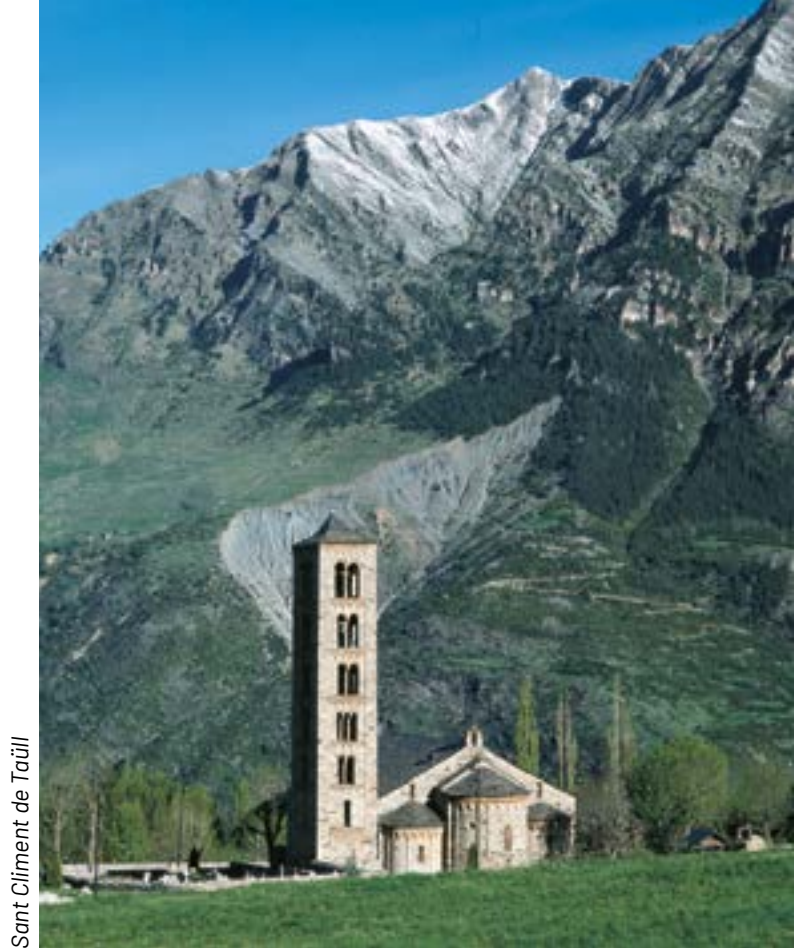
On Saturday morning, you'll visit Ecofranch, on the outskirts of Montferrer. On this organic agri-livestock farm you'll get a guided tour of the potato and cereal fields. You'll also see brown Swiss cattle, famous for the quality of their milk. At lunchtime, you'll find irresistible places like the Victor hostel and restaurant, in Oliana. After lunch, explore the historic centre of La Seu d'Urgell, with a handful of architectural buildings of great cultural interest.

#### SUNDAY

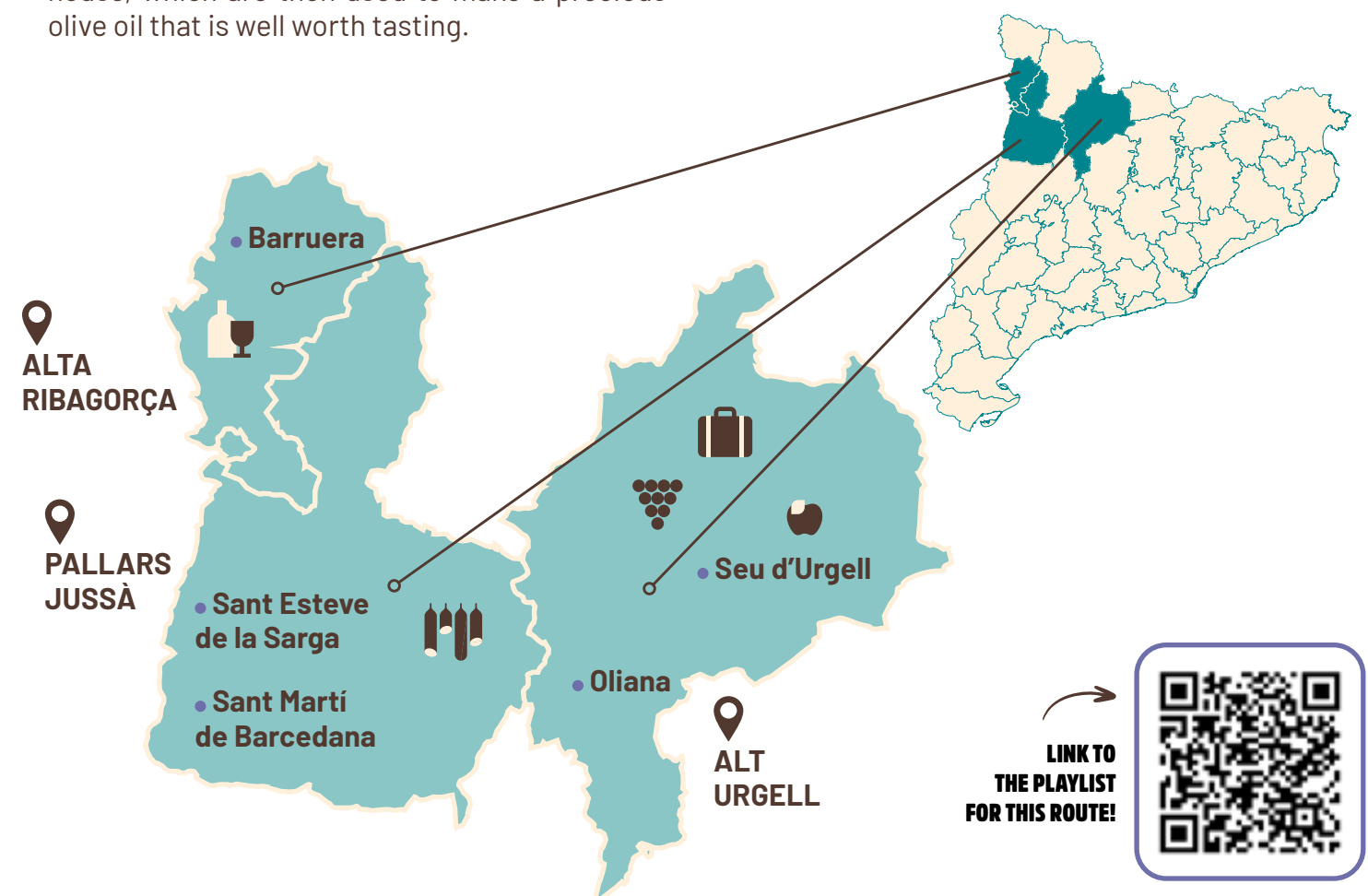
##### Saffron pickers with history

On Sunday, you'll head to Pallars Jussà, to the Safrà del Montsec property, located in Llimiana. Afterwards, take the opportunity to visit Casa Roca, in Sant Martí de Barcedana. Cherry and olive trees are grown at this 15th-century manor house, which are then used to make a precious olive oil that is well worth tasting.

Sant Climent de Taüll



A route with breathtaking mountain views, charming villages and the best organic and quality products.



LINK TO THE PLAYLIST FOR THIS ROUTE!





PLAN YOUR VISIT

ACTIVITIES

CASA FARRÉ D'AVALL

📍Barruera (Alta Ribagorça)



- Visit the Vall de Boí farm and try some mini hamburgers.

TAÜLL ORGÀNICS

📍La Vall de Bohí (Alta Ribagorça)



- Visit the arnica fields and learn to recognise other medicinal plants.

SAFFRON FROM MONTSEC

📍Sant Esteve de la Sarga (Pallars Jussà)



- Visit the farm and taste products made with saffron.
- Saffron pickers for a day.

CASA ROCA

📍Sant Martí de Barcedana (Pallars Jussà)



- Oil tasting.

APIFERRO - MEL CRUA DEL MONTSEC

📍Trempt (Pallars Jussà)



- Visit the beehives and enjoy a honey tasting.



Farré d'Avall

THE MUSTS

■ The Vall de Boí

Visiting this natural environment recognised as cultural heritage by UNESCO is an absolute must. It's a place that will fascinate you at every turn, perfect for enjoying nature to the full.

■ History and heritage in La Seu d'Urgell

In the capital of the region, you'll find a historic centre full of buildings that are well worth a visit, such as the Cathedral of Santa Maria, the Church of Sant Miquel or Valira Park, among many others.

■ Natural viewpoints in Pallars Jussà

In this region, you'll find many natural viewpoints that allow you to take in the spectacular Pyrenean views.

■ Local products

Enjoy the products from the area with the Lleida Wine Route or the Menja't l'Alt Urgell gastronomic route. Here, you'll find unrivalled gastronomic products, such as the PGI Vedella dels Pirineus Catalans (beef) and the PDO Formatge i Mantega de l'Alt Urgell i la Cerdanya (cheese and butter).



Sant Joan de Boí

WHERE TO EAT?



ALTA RIBAGORÇA

- Ca de Xoquin 📍Durro
- Edelweiss 📍El Pont de Suert
- El Ventador 📍Barruera

ALT URGELL

- Hostal Victor 📍Oliana
- Pinxu's 📍La Seu d'Urgell

PALLARS JUSSÀ

- Casa Masover 📍Buirà
- Restaurant Buenos Aires 📍Trempt
- Restaurant del Llac 📍Cellers

WHERE TO SLEEP?



ALTA RIBAGORÇA

- Casa Calvera 📍Vilaller
- Casa Quintana 📍Llesp
- Hotel Farré d'Avall 📍Barruera
- Hotel Flor de Neu 📍El Pont de Suert

ALT URGELL

- Ca la Carme 📍Peramola
- Cal Patisser de Taús 📍Valls d'Aguilar
- Cal Sodhi 📍Valls d'Aguilar
- Can Gabriel 📍Tuixent

PALLARS JUSSÀ

- Cal Xulipa 📍Trempt
- Casa Rural Sullà 📍Trempt
- Can Manuel 📍Gavet de la Conca
- Casa Llop 📍Torre de Cabdella
- Casa Perdiu 📍Castell de Mur
- Casa Pes 📍Sossís
- Fonda Can Fasèrsia 📍La Pobla de Segur
- L'era del mestre 📍La Pobla de Segur
- Hotel Arturo 📍Torre de Cabdella
- Hotel Terradets 📍Cellers
- L'Era del Marxant 📍La Pobleta de Bellveí

ROMANESQUE CHURCHES IN THE VALL DE BOÍ

L'ASSUMPCIÓ DE CÓLL
LA NATIVITAT DE DURRO
SANT CLIMENT DE TAÜLL
SANT FELIU DE BARRUERA
SANT JOAN DE BOÍ
SANT QUIRC DE DURRO
SANTA EULÀLIA D'ERILL LA VALL
SANTA MARIA DE CARDET
SANTA MARIA DE TAÜLL



Safrà del Montsec



## LIVESTOCK FARMS AND MOUNTAIN SCENERY IN THE WESTERN PYRENEES

A family getaway to find out about ecological livestock farming and enjoy nature in the Pyrenees

Discover this route that connects you with extensive livestock farming, a chance to get a first-hand look at how herds are cared for and how dairy products and meats are produced. An itinerary where the little ones will have a great time interacting with the animals they meet. A circuit that will lead you through historic family farms and exceptional landscapes: mountains, valleys, fertile lands, beech forests and volcanoes.

### FRIDAY

#### Green landscapes

Start your getaway through the Pyrenees in Garrotxa, where you're guaranteed stays that will captivate you right from the very first moment. In the capital, there's the cosy Hotel Olot Centre and also the La Perla apartments, which are surrounded by nature. If, on the other hand, you'd rather move around Ripollès, in Camprodon you can stay at Casa Etxalde, a rural enclave surrounded by scenery that's so green you won't be able to take your eyes off the landscape.

### SATURDAY

#### The most authentic livestock farming

On Saturday morning, the route guides us towards Mas La Coromina, in Joanetes. It's an organic farm that is now in its third generation and where ECO ATO milk is produced. Here, you can experience being a farmer for a day, exploring the stables, chicken coops and vegetable gardens. And, to round off your visit, you'll get the chance to enjoy a delicious breakfast with fresh milk, bread with oil and chocolate, as well as other local products.

Just 15 km from Mas la Coromina, we invite you to discover La Fageda Foundation, in the municipality of Santa Pau. If you're already a fan of their delicious products, you'll now get the chance to meet the people behind this project that promotes social integration.

With this route, you'll discover everything the Barcelona and Girona Pyrenees have to offer, from exciting mountain landscapes to high-quality organic products. A getaway to explore the stunning natural spaces that provide our cuisine with the best dairy products and meats.

You'll find a wide variety of options for lunch, from tasting quality Catalan cuisine at the Pirineu de Setcases restaurant or by returning to Olot to dine at B-Crek.

In the afternoon, continue the route to the Ripollès region, where you'll visit the Can Pastoret ecological farm in Molló. They raise cows, mares and goats in this farmhouse, always respecting the current organic production guidelines. Little ones will have a great time interacting with the animals, while the older members of the family will get a first-hand look at mountain livestock farming and taste the products they make with their herds, an activity for the whole family!

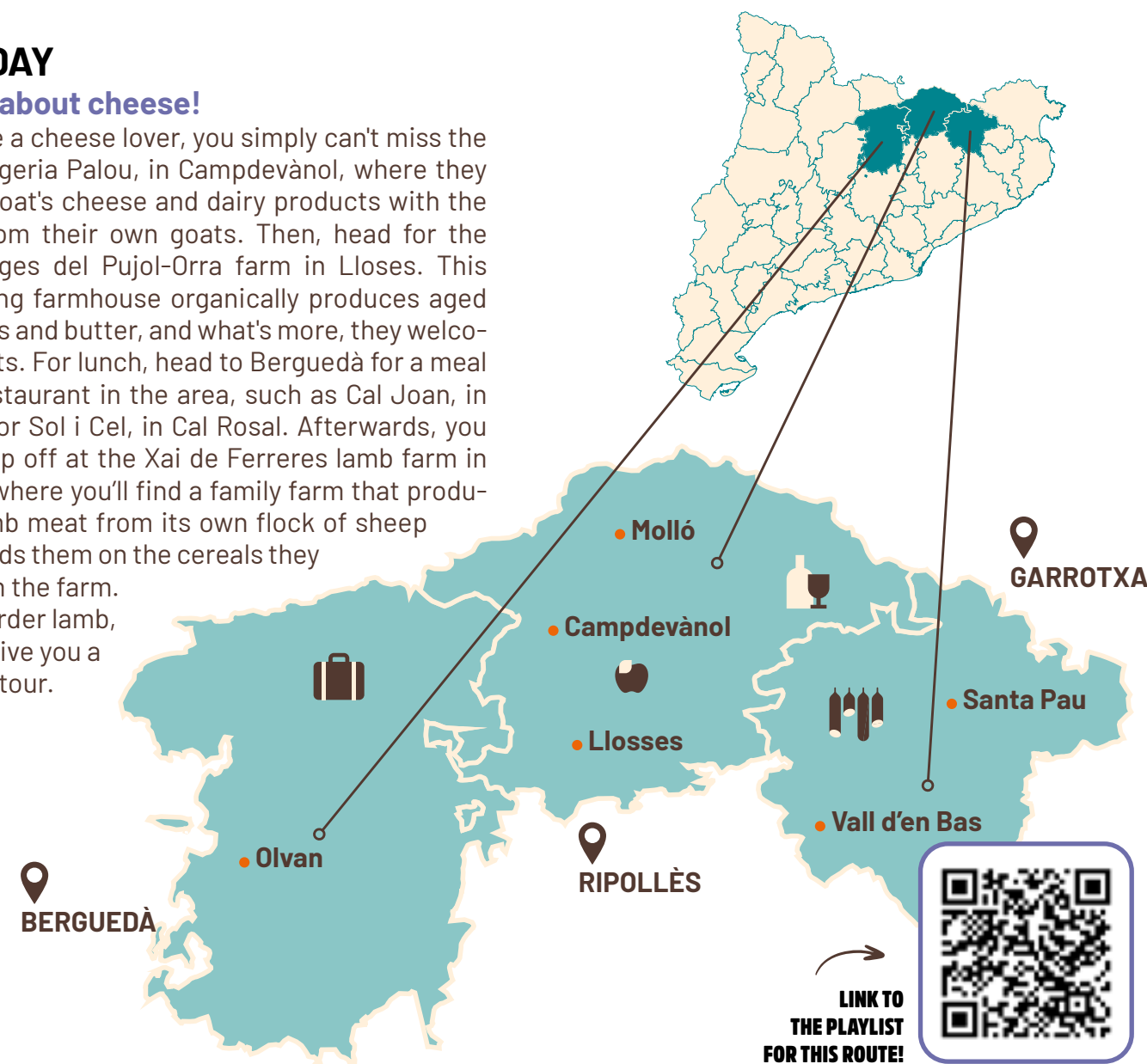


Santa Cecília de Molló

### SUNDAY

#### It's all about cheese!

If you're a cheese lover, you simply can't miss the Formatgeria Palou, in Campdevànol, where they make goat's cheese and dairy products with the milk from their own goats. Then, head for the Formatges del Pujol-Orra farm in Llosses. This charming farmhouse organically produces aged cheeses and butter, and what's more, they welcome visits. For lunch, head to Berguedà for a meal at a restaurant in the area, such as Cal Joan, in Cercs, or Sol i Cel, in Cal Rosal. Afterwards, you can stop off at the Xai de Ferreres lamb farm in Olvan, where you'll find a family farm that produces lamb meat from its own flock of sheep and feeds them on the cereals they grow on the farm. If you order lamb, they'll give you a guided tour.



LINK TO THE PLAYLIST FOR THIS ROUTE!





## PLAN YOUR VISIT

### ACTIVITIES

#### MAS LA COROMINA

📍 Vall d'en Bas (Garrotxa)



■ "A day on a farm" visit.

#### LA FAGEDA FOUNDATION

📍 Santa Pau (Garrotxa)



■ Fageda visit.



■ Petits grangers (Small farmers).



■ Trails in the Fageda d'en Jordà Natural Reserve.

#### CAN PASTORET 📍 Molló (Ripollès)



■ Guided tour and tasting of their products.

#### FORMATGERIA PALOU

📍 Campdevàrol (Ripollès)



■ Mató fresh cheese or cheese workshop.



■ Visit and tasting.

#### FORMATGES DEL PUJOL-ORRA

📍 Llosses (Ripollès)



■ Guided tour of the facilities and cheese tasting.

## LA GARROTXA VOLCANIC ZONE NATURAL PARK

### VOLCANOES

THERE ARE OVER **40** VOLCANOES  
IN THIS REGION.

HERE, YOU'LL FIND  
**23 CINDER CONES**  
FORMED BY THE STROMBOLIAN  
ACTIVITY OF VOLCANOES LIKE  
**MONTSACOPA,**  
**BISAROQUES, ROCANEGRA**  
OR **CROSCAT**.

THE PARK HAS  
**20 LAVA FLOWS**



Can Pastoret

### WHERE TO EAT?



#### BERGUEDÀ

■ **Cal Fuster** 📍 Viver i Serrateix

■ **Cal Joan** 📍 Cercs

■ **La Forkilla** 📍 Puig-reig

■ **L'Estació del Carrilet** 📍 Olvan

■ **Niu Nou** 📍 Bagà

■ **Restaurant Arsenal** 📍 Gironella

■ **Restaurant Mikado** 📍 Berga

■ **Sol i Cel** 📍 Olvan

#### GARROTXA

■ **B-CREK Solfa, brasa i cuina** 📍 Olot

■ **Hostal de Sadernes** 📍 Sales de Llierca

■ **Mas el Pi** 📍 Montagut i Oix

#### RIPOLLÈS

■ **El Pont 9** 📍 Camprodon

■ **Reccapolis** 📍 Ripoll

■ **Restaurant Pirineu** 📍 Setcases

### WHERE TO SLEEP?



#### BERGUEDÀ

■ **Cal Cisteller** 📍 Olvan

#### GARROTXA

■ **El Jardinet de Sant Esteve** 📍 Olot

■ **Hotel Mas La Ferreria** 📍 La Vall de Bianya

■ **Hotel Olot Centre** 📍 Olot

■ **Hotel Vall de Bas** 📍 La Vall d'en Bas 🧑🧑🧑

■ **La Perla d'Olot** 📍 Olot

■ **La Rectoria de Sant Miquel de Pineda**

📍 Sant Feliu de Pallerols

■ **Mas El Carrer** 📍 Santa Pau

■ **Mas Garganta** 📍 La Pinya 🧑🧑🧑

■ **Mas Rubió** 📍 Joanetes

#### RIPOLLÈS

■ **Allotjaments rurals Can Puntí**

📍 Vallfogona de Ripollès

■ **Casa Etxalde** 📍 Camprodon 🧑🧑🧑

■ **Casa Tapiolas** 📍 Molló

■ **Mas Isoles** 📍 Ripoll

■ **Mas Regort** 📍 Vallfogona de Ripollès

La Fageda Fundació



### THE MUSTS

#### ■ Fageda d'en Jordà Natural Reserve

The Fageda d'en Jordà Natural Reserve is one of the 28 natural reserves in the Natural Park, a beech forest that sits on the lava flow emitted by the Croscat volcano, and that runs through the municipalities of Santa Pau, Olot and Les Preses.

#### ■ Les Capçaleres del Ter i del Freser Natural Park

This natural park covers almost 15,000 hectares. It's an extensive natural area and is a fundamental part of the Catalan natural and landscape heritage.

#### ■ Olot, a volcanic city

Get to know "the city of volcanoes". The municipality of Olot is surrounded by the La Garrotxa Volcanic Zone Natural Park, one of the most interesting volcanic complexes in Europe.

#### ■ Local cuisine and products

Make the most of your stay and taste the delights of Volcanic Cuisine, as well as enjoying products with a quality seal, like the PDO Fesols de Santa Pau (beans).







# More information

## Tourism promotion entities

**Patronat de Turisme de la Diputació de Tarragona**  
www.costadaurada.info  
www.terresdelebre.travel


**Patronat de Turisme Costa Brava Girona**  
www.costabrava.org


**Patronat de Turisme de la Diputació de Lleida**  
www.aralleida.cat

**Oficina de Promoció Turística de la Diputació de Barcelona**  
www.barcelonaesmoltmes.cat

**Turisme de Barcelona**  
www.barcelonaturisme.com

**For more information about Catalonia**  
www.catalunya.com

 www.facebook.com/catalunyaexperience  
@catalunyaexperience

 www.x.com/catexperience  
@catexperience

 www.instagram.com/catalunyaexperience

 www.youtube.com/user/CatalunyaExperience

**Oficina de Turisme de Catalunya Barcelona**  
Plaça de Pau Vila, 3. Palau de Mar  
08039 Barcelona  
ot.barcelona@gencat.cat

**Opening hours**  
Monday to Saturday: 10:00 a.m. to 8:00 p.m.  
Sundays and holidays: 10:00 a.m. to 2:30 p.m.

**Tourist information**  
012 (Catalonia)  
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+ 34 902 400 012 (outside of Spain)

## Foreign branches of the Catalan Tourist Board

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